

THE QUAY

Wells and District Community Magazine • Vol 15 Issue 1

February 2020



This month: Police station open mornings a success • Crossfire... coming soon • VE Day celebrations planned

Welcome to The Quay

I am very sorry! The transition from the old delivery company to the new one was not as smooth as we hoped it would be. I am very aware that a number of people did not receive a copy of January's issue of *The Quay*, or that they got the magazine very late on in the month. I can only apologise. We have talked the situation over with Mark, the new person in charge of the delivery and he had some problems which he has taken steps to resolve.

We are all hoping that things will improve and that *The Quay* will go out in future on time and to most of the properties that it should go to. It's a bit daft saying this, but if you don't get a copy of February's issue, please can you email me and let me know (no phone calls please). I need your name, and, more importantly, your address so that I can work out where has been missed and let Mark know. Wells is a really difficult place to deliver to, there are houses tucked behind other houses and jammed into all sorts of nooks and crannies and covering them all is complicated. Please bear with us while we try and iron out the problems.

This month sees the advertising change around, as happens twice a year, in February and August. We say goodbye to some advertisers and welcome some new ones in their stead. Anyone reading this

who would like to advertise in *The Quay* should contact Carolyn Stocker (number below) so that they can go on the waiting list for August. Please use the advertisers in *The Quay* - it is thanks to them that the magazine exists at all.

And another plea - this time directly from me. If you'd like to submit items for publication I really encourage you to do so - the magazine goes out to 2,700 properties in Wells and the surrounding district and to subscribers, so it's an excellent way of reaching a lot of people. But... please can I ask that you submit your pieces by the deadline published in each issue (see the black box below). It's really hard to lay out the magazine without having all the copy in. Indeed, this month I thought I'd finished it all on the Sunday before it had to go to the printers and then on the Monday I got two important pieces that *had* to go in, resulting in a lot of chopping and changing and some bad language! I did it, but it adds to the stress. Please don't be discouraged from letting me know what's going on - I'm always delighted to see your stuff and will always make space for it if I can.

Happy Valentine's Day - I hope your admirers don't stay too much of a secret (unless you want them to!)

SP

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Copy for the March issue should be sent to editorial@quaypublishing.co.uk by 24 February.

Potential advertisers should contact 01328 711216 or email advertising@quaypublishing.co.uk

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Homes for Wells news

By David Fennell

I'd like to start by expressing my heartfelt thanks to Christine Abel, who retired as a trustee at the turn of the year. Fifty years ago, Christine joined the harbour commissioners and worked with them for thirty years, rising to the role of harbour commissioner. There can hardly be any role which is closer to the heart of the community.

Christine then served as a solicitor with Hayes & Storr for eighteen years, rising to the role of partner. Her work brought her very close to many local people and further enhanced her knowledge of the community.

In 2015 Christine joined Homes for Wells as a trustee and became vice chair. In 2017 she became head of our governance committee and, with her wide-ranging knowledge of the law, she was well suited to the tasks of updating our governance procedures, including those for the General Data Protection regulations. She put in a tremendous amount of work on this and is still supporting her successor, David Reason.

I thank Christine for her reliable support, her sound advice and her calm and friendly nature. We all wish Christine every happiness in her retirement.

Wells Christmas Tide was a fantastic day. Many congratulations to Mrs G Ward of Wells, who was the lucky winner of our Barrow of Bottles. We raised £343 selling raffle tickets and would like to thank all who supported us on the day, individuals who donated bottles, as well as Fen Spirits Larder, the

Spar, Morrisons, Satchells, Tesco, the Co-op, the Edinburgh and the Golden Fleece. And last but by no means least, a big thank you to Wells Men's Shed for all your help with the gazebo!

Our Auction of Promises is on Friday 20 March at the Maltings. Here are some of the Promises we've received so far...

- Dinner for two in Wells • a meal for two in Blakeney • afternoon tea for two • a family ticket for Langham Glass • a tour of the English Whisky distillery • a workshop at Holkham Forge • gardening • dog-walking • massage • yoga • Reiki therapy • prescription glasses up to a value of £100 • portrait painting • a year's subscription to the *Norfolk Magazine*, including the special 250th edition • a voucher for the Carrier Company (special clothes) • a sailing expedition • a harbour and creek tour with the harbour master • a 1930s Rolls Royce and driver for a local excursion.

We still have space in our catalogue for more promises including decorating, handywork, baby-sitting, haircut, manicure, facial; a Christmas cake or birthday cake; a once-in-a-lifetime experience, so please step forward – all contributions are welcome!

CONTACT Homes for Wells, The Sackhouse, Jicklings Yard, Wells next the Sea, Norfolk, NR23 1AU

- Telephone: 01328 711703
- E-mail: office@homesforwells.co.uk
- Website: www.homesforwells.co.uk

Neighbourhood Plan – where do you want to live?

By Roger Arguile

Where would you like to live? Judging by some of the conversations I have had recently, the answer is Spain. On the whole, many people like to holiday in Spain but want to live some of the time in Wells. Over 900 people want to come and live in Wells and that's just people from north Norfolk. And only 150 of them have any connection with Wells. As for the people who live in elsewhere in the country who would prefer to live, some of the time, in Wells, who can say what the numbers are!

Given the average wage in north Norfolk there are plenty of people who can outbid many local people. Left to a free market, many local people would have to move away. That is the reason why

we want to find out the level of need and what is really affordable for local people. What kind of house do you need; what can you afford; how many bedrooms do you need; whether anyone in the family is disabled; what your grown-up children are likely to want; where any houses should be built; whether you actually want to stay in Wells. We want to ask employers if they have workers who need to live in Wells but can't afford it.

The survey is very detailed; one reason why we shall be a month late in sending you the questionnaire. But with your information we can make the case with planners and landowners for the provision of more genuinely affordable houses – if that's what you want. Look out next month!

VE Day 75th anniversary

Along with the rest of the country, Wells will be celebrating the 75th anniversary of Victory in Europe – VE Day. When VE Day dawns on 8 May it will be 75 years since the guns fell silent at the end of the second world war in Europe. Years of carnage and destruction had come to an end and millions of people took to the streets and pubs to celebrate peace, mourn their loved ones and to share hope for the future.

The 75th anniversary will provide us with an opportunity to reflect on the enormous sacrifice, courage and determination of people from all walks of life who saw us through this dark and terrifying period. To commemorate this important time there will be a three day national celebration that will take place from 8 to 10 May. Friday 8 May has been designated a Bank Holiday.

Wells Street Party is planning to commemorate this event by holding a Street Party on the Buttlands on Saturday 9 May between 1pm and 5pm. All are welcome to attend.

The theme will be the 1940s. Tables and chairs will be provided (on a first come, first served basis) as will music and other entertainment throughout the afternoon. No charges will be made but those attending should bring their own picnic lunch. There will be drink and food outlets on the Buttlands.

This will be a community event organised by the Wells Street Party Committee and it is hoped that many families will come along to have fun and support this event.

If you have any good ideas for the day or you are a local charity or organisation who would like a stall or pitch on the Buttlands (free of charge) on the day please contact either Steve Tuck on **07799 352117** or Matt Clark on **07775 483700**.

Although the afternoon will be free of charge to all comers the cost of staging the event and the entertainments is significant and the Wells Street Party committee is hard at work fund raising. If you would like to contribute or sponsor an event please get in touch with Steve or Matt.

Further details will be published nearer the event.



Almost another first place

By Patrick Weston, Carnival chair

The Wells Carnival Committee has been very busy over the winter months, continuing to plan for the busy week in August. The fun starts on Friday 31 July, with Carnival Day on 8 August.

The committee has also been very well treated with two Christmas meals at The Globe and Ollies Restaurant, a big thank you to Stephen and Natasha for their support and the lovely meals.

The programme for the 2020 Carnival is coming together and we are very excited about the events we have planned and the live bands that are booked to play on The Buttlands. We have, in recent years, set a very high standard and we are sure the bands this year will continue that. A full programme will be available soon on the website.

Any new businesses or individuals in Wells who would like to support the Carnival please contact us through the website –

www.wellscarnival.co.uk. The committee is very lucky to have fantastic support from the town and we are always happy to receive further help. The Carnival is a great way to reach a large audience.

Recently, the Wells Carnival Committee won a major regional award, the Family Event of the Year in the EDP's Norfolk & Suffolk Tourism 2019. We were very proud to be even nominated, let alone win. The committee has just been informed we have gained appreciation again – we came second in the East Anglian Festival

Continued on page 6

Travel matters

By David Hissey

The government response to the "Health of the bus market inquiry" discussed in last August's edition of *The Quay* was published in October.

The response to the enquiry's recommendation that the government develop and adopt a bus strategy by the end of 2020 is described by the Chair of the Select Committee as "a major achievement given that the former Secretary of State for Transport told the inquiry that his department didn't really do buses". Other recommendations have been agreed, partly agreed or rejected.

There are more people in the county of Norfolk than in any other county of England without access to a car – in a 2017 survey only 68% of respondents reported owning a car so bus services here, more than in any other county, are of vital importance.

Local passenger numbers on services outside London have decreased over the last ten years but this is hardly surprising when 243 services have been amended or reduced, 96 of which have been cut altogether, five of these in Norfolk. More than half the local authorities have cut spending, including in Norfolk and service operators have also seen other revenue streams disappear including the fuel duty rebate and the amounts they receive from the National Concessionary Travel Scheme.

It is clear that bus services cannot function with-

out the funds to do so. Here in Wells we feel this as much as any rural district in the country. It is rather disappointing therefore that the government has disagreed with the committee's recommendation that a review into how concessionary bus passes are financed is needed. You may remember that the suggestion was that both the funding authority and the operator should be no better or worse off. However the government has agreed an additional £220m of new funding for buses, with initial details in "A Better Deal for Bus Users", in addition there is a commitment to review Bus Service Operators Grant (BSOG – formerly the Fuel Duty Rebate) to ensure that investment "is focused on meeting the needs of passengers". The Spending Review is now expected in summer 2020 and the government will set out its plans for BSOG at that time. It would be nice to think that some of this funding will find its way to north Norfolk.

If you are planning a journey by bus or train do remember to check either by phone or online before you set out particularly if you are planning to use the railways as there are major engineering works taking place this year.

Travel information is available from these web sites: nationaljourneyplanner.travelinesw.com; nationalrail.co.uk; sanderscoaches.com; www.lynxbus.co.uk/bus-times-fares. Useful telephone numbers can be found in *The Quay* Directory on page 39.

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award in the Norfolk section and third in the overall East Anglian Festival of the Year.

This is a big thank you to the hard work the committee has put in and an even bigger thank you to you for all the amazing support you give us. I am sure we will all work together to try and win more awards and continue to be a shining light in the north Norfolk area.

With the busy week only a few months away please start planning for the events throughout the week – the Raft Race, the Duck Race, the Tug of War, the produce show and the fantastic Parade on Carnival Day. Last year when you said, "I will do that next year", well now's the time to come on and join in!

Over the next few months, the committee will

be busy booking entertainers, filling in forms, arranging workshops, talking to the Highways Department at Norfolk County Council to sort out road closures, booking toilets and recycle bins, speaking to local authorities, sorting out the all-important insurance, writing the programme, booking venues, trailers, stages, filling in forms, then more forms, talking to the local emergency services and filling in more forms.

We still have a few pitches available on Fete Day and on the Food and Craft Day – for full details please check the Carnival website – www.wellscarnival.co.uk

Thank you for all your continued support and don't forget to start planning for the events in the week. Keep checking the website, Facebook and Twitter for updates.

Wighton news

Monthly Quiz Nights continue to take place in the village hall on the last Friday of each month. The next one will take place on Friday 28 February. Doors open at 7.30pm and the questions start at 8pm, finishing at around 9pm. Come with a ready-made team or on your own to be introduced to a friendly group on arrival. Entrance is £1. Snacks, soft refreshments and a raffle are on offer and you are welcome to bring your own drinks.

Recent winners of the 100 Club are: Nell Butler, Chrissy and Gill Fox, Brian Vertigen, James and Emma Harrison, Gillian and Stanley Savory and Wayne Brett-Reynolds (December double draw); Tim Williams, Mary Ann Seaman and Sarah King (January); Jean Savoury, Tina Guillory and Paul Hancock (February). Congratulations to these winners and thank you for the continued support of the children's playground and field.

Warham Reading Room and village news

Thank you to everyone who supported Warham Reading Room in 2019. It was an amazing year and we cannot thank everyone enough for their support.

We are very excited about 2020! Our events list for 2020 is now available on our website. Why not take a look to see what we are doing this year and pop some dates in your diary.

Our next event is our Quiz night on Friday 21 February. Doors open at 7pm with questions starting at 7.30pm. Teams of up to six people, £2 per person, no need to book. There will be food served at the break. Why not come and join us for a fun filled evening? Everyone welcome.

We have a brand new way to contact us apart from our website and our Facebook page. We now have a telephone number – **01328 854254**. You can give us a call to hire the Reading Room, ask us about events, book tickets to our events or for anything else you may need.

Don't forget our regular bookings! We have bal-

let, martial arts, healing, pilates and yoga all meeting at the Reading Room. More details can be found on our website

www.warhamreadingroom.co.uk/regular-bookings or by clicking on regular bookings in the website menu. Are you looking for a venue for a regular hire or want to start a group meeting? Regular hires can be on a weekly, fortnightly, monthly or adhoc basis. Please contact us to discuss availability.

Our lovely Reading Room is also available to hire for your party or event. The diary is starting to get busy for 2020! Please contact us to book your hire into our diary in advance. More details of how to hire the Warham Reading Room can be found on the 'to book' page of our website – www.warhamreadingroom.co.uk.

Also, don't forget to like our Facebook page where you can keep up with all our news and event details – www.facebook.com/warhamreadingrooms or by searching 'Warham Reading Room and Village News'.

Police station Open Mornings a success – more to come

By Pc Jason Pegden

The first two open mornings at Wells Police station were a success with a number of visitors. I would like to announce the following dates for the next two months: 28 February 10am – 12 and 9 and 26 March 10am – 12.

I will be in attendance on both days if anyone wishes to drop in and discuss any issues.

An annual £15 subscription to *The Quay* makes an ideal gift

The Quay is delivered free of charge to all properties in the NR23 area. If you have friends or relatives who live away, but would like to know what goes on in Wells, please help us to keep our costs down by suggesting that they take out an annual subscription – it's only £15! Send cash or a cheque made payable to Quay Publishing Ltd, for that amount to 2d Maryland, Wells next the Sea, Norfolk NR23 1LY and include the name and address of the person to whom the subscription should go.

News from Wells RNLI

Two rescued from the marshes

On Thursday, 2 January UK Coastguard paged Wells Lifeboat in response to a 999 call from two visitors to the coast who had become cut off on the incoming tide whilst walking on Stiffkey Marshes.

The Inshore Lifeboat (ILB) launched at 4pm and headed towards Stiffkey. A UK Coastguard Mobile Unit was also alerted and made contact with the two people from the landward side. They assisted in guiding the lifeboat toward the casualty's position.

The ILB arrived on the scene shortly after 4.30pm and checked that the casualties did not require any medical assistance. The lifeboat then headed back, this time through the creeks, with the casualties on board and rendezvoused with the coastguard units waiting on shore.

The two people were able to pinpoint their position by using an app on their phone. The app 'what3words' was communicated to them by the UK Coastguard.

The event has been widely reported in the press and on television because the app was used to assist in their rescue. However, Wells lifeboat has been asked to make clear that the RNLI does not endorse such technology. Instead it recommends that walkers in tidal areas check tide times and ensure they are well above the high waterline at the time of high water.

Station represented at battle memorial service

In late December 2019 a memorial service was held at the Air Forces Memorial at Runnymede to commemorate the 80th anniversary of the Air Battle of Heligoland Bight.

In 1939, two Wellington bombers, returning from the battle, came down

in the Wash and the lifeboats from Wells, Cromer and Sheringham searched for survivors without success.

Wells lifeboat was invited to take part in the memorial service and was represented by the coxswain, Nicky King, Ray West, who is deputy head launcher and station archivist as well as crew member Kent Cooper. Kent's grandfather, William Cooper, was one of the crew in the search on the Wells lifeboat.

Finally an advance date for your diary: the Station Open Day and the Annual Lifeboat Service are on 16 August.

Practice launches Sunday, 16 February at 9am and Sunday, 1 March at 9am, subject to operational requirements.



From left to right: Nicky King, Kent Cooper, Ray West

Visit our website at www.wellslifeboat.org

Fancy working on the railway?

Wells & Walsingham Light Railway is looking to recruit new volunteers. From guards to gardeners, there are many varied roles with which to get involved. If you are interested in volunteering at this popular little steam railway, please pop in to Wells Station or call Jo on 01328 711630 for more information.

Clubs, groups and societies

Royal British Legion Poppy Appeal

In the last contribution to *The Quay* in December, I said I would update you in the new year with a better idea of the amount collected so far from our efforts in the November Remembrance period. So here we go – the grand total is around £7,300, with still more to come in, and the collection is ongoing until 30 September. So many thanks to all who have helped us reach this grand figure.

An extra this year is the 75th anniversary of the end of the Second World War. If any individual or organisation would like to purchase a wreath or poppy item to lay at our town war memorial in May please contact David Woolgar on **01328 712052**.

I can supply wreathes with different centres, ie. regimental, three services and all other domestic organisations. Please don't delay as it will take time for orders to be processed, as other branches may be doing the same.

Wells Ladies Probos Club

Our January meeting was a week later than programmed but was worth the wait! Joolz Saunders came with a large number of drums of different sizes and shapes which she has collected over the years and let us loose with them – in a controlled way. She explained about the use of drums historically and today as communication aids and musical instruments.

Playing the drums is known to be both energising and calming and having thoroughly enjoyed experiencing different rhythms we felt that it can also be exhausting, especially when it is one's first time.

Our next meeting will be on 9 March when Chris Armstrong will talk about "Scholars, Saints and Sinners".

Wells Local History Group

For our next meeting, on Wednesday 4 March, we revert to our usual evening start-time of 7.30pm.

Our speaker is Professor Nicholas Vincent (and you don't get to be a professor without having at least a couple of "ologies" to your name!)

He specialises in medieval history and so should be the ideal person to talk about his cho-

sen subject – Binham Priory. Although not much to look at now, you can see from the ruins that the place must have been quite something in its heyday, before Henry had his way with it.

At the WI Hall (behind the YHA on Church Plain) – members £1, non-members welcome, £3.50.

Wells Men's Shed

We were hoping to make an announcement about the award we mentioned in last month's issue of *The Quay* but the wheels of progress have taken a little longer to turn. Hopefully it will be clearer later this month so there will be more news soon.

Meantime, fellow shedders in Hunstanton have just announced they are open for business, their Shed is adjacent to the Library and they are open Tuesdays and Thursdays (10am to 4pm), everyone welcome. Although our open day is Wednesdays there is usually someone there on Monday and Friday mornings. As our membership expands we will open on other days too. We are also keen to set up The Ladies Shed, aka The Women's Shed or the She Shed – whatever you'd prefer to call it, we really need a core of keen women to help kick-start the initiative and full training will be provided if required. Anyone interested please get in touch; the only limitation is you must be over 18 years old. Why not try something new for 2020?

Our Sheddens are being kept busy as orders for planters are coming in as keen gardeners prepare for spring. If you'd like one please place an order and we can make them from recycled materials to your specifications. We are also busy constructing a variety of bird boxes and garden related items in readiness for the Wells Community Hospital garden event in the spring.

On a slightly different note, most of our Sheddens are not on social media so we depend on our website and this column in *The Quay* for news and updates, so if you'd like to follow our progress please bookmark our website at www.wellsnexttheseamensshed.weebly.com, alternatively you can phone us on **07486 524603** or email us at mensshedwells@gmail.com

The Wells Nelson Club

....now has a new leader thanks to *The Quay*. The Club members are very grateful to Sandra Phipps who kindly offered and has now taken over the running of the club. She will be ably supported by Adrian, the Fakenham Age UK bus driver, and a team of helpers to ensure it continues in the same spirit of openness and friendship that Margaret Scott and Alison Bowles inherited from David and Lauretta Rogerson some years ago.

So if you or anyone you know may be interested in joining please give Sandra a call on **01328 711478**. Older people who rarely have a chance to get out for pleasure and to meet up with friends needn't worry about transport as you can be picked up from your door. The club meets on the first and third Thursdays of each month at the Wells Community Hospital and has a programme of speakers, games and outings.

Wells Pensioners Association

From all on the committee we wish you a very Happy New Year (even if it is February already). As we haven't had a meeting since November, we must express our thanks to all those who helped us on the day of our Christmas Party - we couldn't do it without you.

Our next meeting will be held at 2pm in the Sackhouse on 18 February. This will be our AGM when any decisions will be made about the forthcoming year. If any of you are interested in joining the committee, please let one of us know. It really isn't an arduous task with just a few meetings to discuss entertainment, outings etc., and tea, coffee and quite a few laughs.

Our speaker this month will be someone from the Norfolk Deaf Association which should prove both interesting and informative. Our AGM will follow after our speaker to ensure there's plenty of time to discuss any matters that may arise.

We are always happy to meet new members so don't sit at home, come and join us. If you'd like more details, please contact Lynne on **01328 711425**, Pat on **01328 710193** or Lesley on **01328 711906** for more details.

Wells Sailing Club

Members enjoyed meeting at the Club on New Year's Day when we raised £180 for the Commodore's charity which this year was the Salvation Army. Thank you all.

Here at the Sailing Club we are all beginning

to think of spring and the start of our sailing season. The refit of the kitchen is going well and will be ready in good time for our kitchen fairies to work their magic with some delicious fare over the season, starting with the launching supper.

The bar will reopen on Sundays during February as well, now that the majority of the building work is complete.

We look forward to good weather, good sailing and good fun together in the clubhouse.

If anyone would like to join us please look at our website for details or contact our sailing secretary by email - sec.wells.sailing@gmail.com

Here's to 2020!

Wells Textile and Embroidery Group

January began with new faces and new ideas. We all came together with stories of too much Christmas fare and new term thoughts of projects to come.

An unfinished tapestry was brought to light and new cross stitch kits were opened. The variety of textile crafts is always astonishing.

We meet at the WI hall behind the youth hostel on Church Plain in Wells each Monday afternoon between 1.30pm and 4pm. All abilities are made most welcome.

Wells WI

This month we were lucky enough to have Joolz Saunders come to tell us about her eight years as a prison chaplain visiting Norwich Prison. She explained the structure behind the organisation of a prison in Britain, everyone from the Governor downwards is set out by law, including the chaplains who now include some from different religions and sects. Obviously Joolz had to be impartial in her communication with the prisoners, and aware of the problems facing men living in rather cramped conditions with the tensions caused by gang and drug culture despite constant precautions taken by staff. As Joolz put it, "It is amazing the ingenuity shown by the prisoners, such a pity it's not more useful!" There were a lot of questions for her afterwards and we all had much to think about.

Do you ever wonder what the WI is all about? The WI is here to inspire you. It is all about inspiring women. It is a rich source of experi-

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News from the Anglican churches

By Revd Brenda Stewart

The year has turned, the days are getting longer and as I write some of our churchyards are full of snowdrops and winter aconites.

Last month I mentioned taking stock and making plans and there's certainly plenty going on. Rehearsals are under way for our community play *Crossfire* which will be acted out in St Nicholas church and churchyard on 7 to 10 May at 6.30pm.

But before that we have the season of Lent building up to Easter, beginning with a Shrove Tuesday Supper in Wells on 25 February (see below) and then, on 26 February, two Ash Wednesday services, observing the beginning of the period of reflection by being marked on our foreheads with ash made from last year's palm crosses. I always find that very moving.

Churches Together will also be reflecting in Lent groups for five sessions starting in the first

week of March – we have four groups with two options: reflections based on the musical *Jesus Christ Superstar* or an exploration of John's Gospel. There are sign-up sheets in Wells, Warham and Wighton churches or you can e-mail me for more details.

Later in the spring a confirmation group will be meeting. If you have been baptised but did not go on to become a full member of the church by being confirmed you are welcome to join us – drop me a line.

Early in the new year we lost a much-loved member of our congregation and community in Wells, George Wincott. George was a man of deep faith and his funeral was followed by a memorial service at St Nicholas which was a wonderful blend of words, tears, laughter and singing, including a song sung by his grandchildren. The whole thing was so uplifting – we gave him a great send-off.

Methodist church news

By Sue Scoles

Do you enjoy flower arranging? In the Methodist church we don't have massive floral arrangements but we do love to see fresh flowers each week. If you would like to join a rota of flower arrangers we would love to hear from you. Or maybe you would like to contribute to pay for flowers at a specific time of year to remember a loved one or a special occasion. To find out more please speak to Sadie or you can phone her on 01328 711931.

Thank you to everyone who generously provides for the foodbank each month but please can I ask you to ensure that the food you provide has got a couple of months left before its sell by date.

Although there is a fairly quick turnover of supplies they are not allowed to distribute food too close to its sell by date. Thank you.

A reminder that our services are on a Sunday at 11am and there is a short informal service on a Wednesday at 10.30am. All are welcome.

St Nicholas Shrove Tuesday supper

St Nicholas church invites you to its Shrove Tuesday supper on Tuesday 25 February at 6.30 for 7pm in the WI Hall. There is soup, a Ploughman's supper and puddings on offer, as well as a quiz, pancake games and a raffle. Please bring your own drinks.

Entry is £6 per person in aid of our Overseas Missions Fund. All are very welcome. If you would like to come, please contact Kate on 01328 711312 or 07826 280915 or Amanda on 01328 711352.

Our Lady Star of the Sea Catholic church

Our new parish room, adjoining the back of the church, has now been used for a Churches Together reunion as well as for a few fundraising events, held to help pay for its building costs.

Our little choir rehearses there and often after

Saturday evening mass, we gather together to talk and share our lives. There is a small kitchenette and a nice view outdoors onto the small but tranquil new garden – as well as skylights within, to provide daylight.

St Seraphim's gardening volunteers

We have a friendly group of volunteers with a keen interest in gardening helping St Seraphim's garden look delightful all year round. If you love gardening, meeting new people and spending time outside with nature then come along and join the fun!

We provide refreshments and tools and even have some expert advice on hand to help those who want to learn more. We would love to welcome new volunteers to help us keep our garden looking wonderful.

Our garden group meets from 10am to 1pm on Wednesdays. If you are interested then please

come along for a coffee.

Also, St Seraphim's is hosting a coffee morning on Friday 21 February from 10.30am to 12.30pm for anyone who is interested in joining our Quiet Garden Days group. The group meets on the third Friday of each month and is a great way of getting to know people in the local community, enjoying the beauty of the garden and get the chance to hear a variety of interesting talks.

If you want to find out more please contact Sophie Milner, our volunteer co-ordinator, on **01328 820610** or you can email us at **saint.seraphims@gmail.com**

Fairtrade wine tasting

On Friday 21 February Wells Action for Fairtrade invites you to a wine tasting at the WI Hall, from 6pm. Experience a variety of Fairtrade wines with tasting notes, all accompanied by appetisers and nibbles.

Admission is £5. Book your place on **01328 710643** or buy tickets on the door. Also, don't forget that Fairtrade Fortnight runs from 24 February to 8 March.

Church service times

CHURCH	DAY	TIME	SERVICE
Church of England - Rev Brenda Stewart - 01328 710628			
St Nicholas, Church Street, Wells	Sunday	8.00am	Holy Communion
	1st Sunday of month	11.00am	Worship for All
	2nd, 3rd & 4th Sundays	11.00am	Sung Eucharist
	1st Sunday of month	6.30pm	Taize service
	2nd Sunday of month	6.30pm	Evening Prayer
	3rd Sunday of month	6.30pm	Healing service
	4th Sunday of month	6.30pm	Celtic Worship
	Wednesdays	10.00am	Holy Communion
	1st and 3rd Thursdays	10.00am	Quiet Prayer
	2nd Saturday of month	11.00am	Messy Church
	2nd and 4th Fridays	1.45pm	Little Fishes Parent & toddler group
St Withburga, Holkham (Remembrance Sunday to Easter, services held in Hall Chapel; Easter to Remembrance Sunday in St. Withburga's)			
	1st Sunday	9.30am	Holy Communion
	2nd Sunday	11.00am	Matins
All Saints, Warham; St Mary, Warham (Jul and Aug only)	3rd Sunday	9.30am	Holy Communion
All Saints, Wighton	2nd & 4th Sundays	9.30am	Holy Communion
Methodist Churches - Revd. Cliff Shanganya			
Theatre Road, Wells	Sunday	11.00am	Morning worship
	Wednesday	10.30am	Prayer & praise
Holkham Longlands	4th Sunday	2.30pm	Sunday worship
Wighton	1st and 3rd Sunday	2.30pm	Worship service
Little Walsingham	Sunday	2.30pm	Sunday Worship
Evangelical Congregational Church Centre - Revd. Neil Woodruff - 07891 968966			
Clubbs Lane, Wells	Sunday	3.00pm	
	Tuesday	7.30pm	Prayer & Bible study
Roman Catholic - Father Keith Tulloch - 01328 821353			
Our Lady Star of the Sea, The Buttlands, Wells	Saturday	6.00pm	Holy Mass
	Sunday	9.15am	Holy Mass
Quakers - 01328 711387			
Friends Meeting House, Church Street, Wells	Sunday	10.30am	Meeting for worship
	Thursday	5.00pm	Meeting for worship

County council news

By Marie Strong, Norfolk County Councillor



Boundary Commission Review of Norfolk County Council Divisions

Late on Friday 31 January I received notification that because of complications Norfolk County

Council needs to carry out further work on its submission to the Boundary Commission. An extension to 24 March has been agreed; NCC will discuss its amended submission at full Council on Monday 23 March – when debate will be 'lively'. I immediately wrote to the Boundary Commission asking if local councils and other potential respondents to the review would have the same extension – particularly since local councils were considering the NCC proposal prior to commenting. I also asked whether this development would change the date of the second consultation and the date for final submissions. Finally I asked the Commission to update all local councils directly. For a multitude of reasons this has become a frustrating, confusing and worrying process.

Mini Roundabout Scheme – Junction with Beach Road

The major construction is complete – on schedule. 'Amey' will visit the site in the next few weeks to fit new lanterns to some of the new/existing streetlights and also fit a post extension for the new sign-post outside John's Rock Shop. I am assured that these tasks should not cause any

major disruption. It is a good number of years since the late town councillor Campbell MacCallum and I stood in the middle of Beach Road discussing with various officials the viability of a roundabout. Hopefully it will provide the safer junction envisaged.

Wells Traffic Regulation Orders

Following a series of emails I am assured that whatever regulations are approved they should be completed before Easter. Watch this space.

Better Broadband for Wells – EOLs

Open Reach was unable to cover the whole of Wells when carrying out the change to fibre broadband because some residents are covered by EOL – Exchange Only Lines. These residents have had to wait patiently for further development; hence the recent sighting of Open Reach. It will take a week or so for ISPs (providers) to start offering services and EOL property owners should go to the new Open Reach Checker below to see if the latest work will cover their homes. If the answer is yes it will be by FTTP – fibre to the premises and worth the wait. (I have previously spelt out the implications of FTTP but this is easily found on Google.)

Go to <https://www.openreach.com/fibre-broadband>. Having used this link, press 'Use our fibre checker' button. Enter your postcode, tick the box to say you're not a robot and then click on the green search button to the right of the box where you entered the postcode. Pick your address from the list. It then either shows services as available, or says whether something is planned.

When services are available it has a 'View Providers' button. This shows which Internet Service Providers are offering services at your address.

Wells County Council Division presently consists of

Barshams & Houghton St Giles • Binham with Cockthorpe • Blakeney • Brinton with Sharrington • Field Dalling & Saxlingham • Glandford with Letheringsett • Great Snoring • Great & Little Walsingham • Hindringham • Holkham • Langham • Morston • Sculthorpe • Stiffkey • Stody with Hunworth • Thornage & Little Thornage • Warham • Wells next the Sea • Wighton • Wiveton

CONTACT Marie Strong by e-mail on marie.strong@norfolk.gov.uk or phone 07920 286597

Wells town council report – February 2020

Do you want some depressing news? If you have a Category 1 incident (you are seriously injured or having a heart attack or similar) the average ambulance response time in north Norfolk is 10 minutes and 18 seconds. In Wells, the average response time is 18 minutes! And for the slightly less serious Category 2 situation, you will wait on average 35 minutes in Wells before an ambulance comes along, compared to 27 minutes in the rest of north Norfolk. These figures were gathered by Cllr Pauline Catton at a meeting recently held to discuss trying to improve the slow response times. Watch this space for news of any progress.

The school bus parking on Market Lane was discussed again and Cllr Mel Catton, who has worked hard on this, presented his findings and his recommendations to try to alleviate the problem. He suggests timed bus bays on Market Lane to accommodate the eight buses a day that drop off and pick up the school children. Holkham has agreed that two of the buses may park on the Freeman Street

car park during the day, which would help, and Mel thinks that bus bays, where no car parking is allowed at certain times, might help move the children away from the vicinity of the school more easily than is currently the case, and make it easier and safer for residents to get on and off their properties. The proposals need to be discussed with the NCC highways department to see if they are feasible. If the ideas meet with approval, Mel and the town council will take them forward.

Another problem is the speeding along Burnt Street – no notice is taken of the 20 mile an hour signs, lots of children cross the road at the bottom of Market Lane and there will, sadly inevitably, be an accident at some point. Mel suggested that a zebra crossing might be a way forward, though NCC's highways department would have to agree...

The town council was asked if it wanted to formulate a policy of action in the event of the death of a senior royal. The councillors agreed that "taking it as it comes" was the policy. **SP**

The next town council meeting will be held on Monday 2 March 2020 at 7pm in the Peter Collingwood Hall, Theatre Road. For information and the agenda see the Wells town council website – wellstc.norfolkparishes.gov.uk

Mailbag

 Please address your news, views and comments to The Quay, 2d Maryland, Wells next the Sea, NR23 1LY. Please note that the views expressed in the letters we print are the views of the letters' authors and NOT the views of the editor or the board of Quay Publishing Ltd.

We at the Royal Mail Wells delivery office would like to thank all of our customers in Wells, Holkham, Wighton, Warham, Cockthorpe and Stiffkey for all of your kind gestures over the Christmas period, it is very much appreciated.

Despite the expected Christmas pressure and the election material we managed to clear our office on Christmas Eve. A happy New Year to everyone. **Matt, Phil, Bob, Daisy and Matt W – your posties**

Wells weather in January

By Peter Lynn

Average temp	6.9°C	2.7°C above average
Average max	9.4°C	2.8°C above average
Average min	4.5°C	2.7°C above average
Highest max	14.1°C	14 January
Lowest min	0.2°C	1 January

Total rainfall	55.6mm	98% of average
Wettest day	16.2mm	9 January
Days with	>1 mm rain	12 (average is 11)

All data from automatic weather station in Bases Lane in Wells. Averages estimated from data on the Met Office website – www.metoffice.gov.uk

An exceptionally mild month with both day and night time temperatures well above average. There were no air frosts. It was less relentlessly wet than recent months with some decent dry spells. Most of the rain, which was very close to average in total, fell from 8 to 17 January. Only in a quiet spell during the latter half of the month did the temperatures fall close to average.

ences, knowledge and skills passed down through generations and updated every day.

The WI is naturally diverse. It offers all kinds of opportunities to all kinds of women. For some we offer the opportunity to catch up with friends, for others it's a route to learning new skills, and for some the campaigning aspect of the organisation may be the key motivator.

The WI is what you make of it. The WI comes in all shapes and sizes. We offer women the opportunity to join and be involved in the way that suits them.

The WI has an unrivalled reputation as a voice of reason, integrity and intelligence on issues

that matter to women and their communities. Over the past 100 years, WI members have been at the forefront of campaigning for positive change on a wide range of social and environmental issues, delivering ground-breaking campaigns and shining light on taboo issues. With current campaigns tackling mental health stigma, food waste and food poverty, micro plastic pollution and climate change, it's clear that the WI remains as relevant as ever.

Our next meeting will be on 5 March when the subject under discussion will be 'Safe Driving'. All the meetings begin at 2.15pm in the WI hall behind the youth Hostel on Church Plain, Wells. And visitors are always very welcome.

To keep the Quay Diary on page 42 up to date, please send dates of your meetings and events for 2020 to editorial@quaypublishing.co.uk

Wells flood warden team news

By Mike and Marie Strong, joint coordinators

First our thanks to members of the Men's Shed who have recently reduced the noise emitting from our generator by constructing a sound-proof container. We are happy to use the generator to help local organisations in their fundraising events – the most recent being Christmas Tide – it helps us to maintain the generator in good condition since machinery does not appreciate being unused.

Last month we mentioned the heights of the coming spring tides this year and since then we have had conversations with several flood defence manufacturers who have explained that some products are only guaranteed if a service plan is taken out – or if an annual and thorough check of defences is

carried out. The reason being that grit and muck can accumulate, seals can deteriorate and some moving elements require oil or grease approximately once a year. Understandably neglected defences need looking after and now would be a good time if such tasks have not already been carried out. We were also told that it is best to take down flood boards when not needed to prevent permanent compression of the seals – such compression can negatively affect the integrity of the defences.

Finally look out for the new British Standard BS851188-2:2019 which came into operation in September 2019 for exterior flood defences including flood doors.

Caring for our world

By Joolz Saunders, Churches Together

If you feel you can't do anything about the environmental mess in which our world finds itself, *you can!* We can all make a difference, we have to, because there is no plan(et) B.

Greta Thunberg is an inspiration so none of us is "too small to make a difference". Her book – *No One is Too Small To Make a Difference* – can be found in Wells library and in bookshops.

What if we encourage one another to make a difference? As she says, "we can fix this, it's up to us." So what if we: eat more plant-based foods;

turned off car engines; re-use; up-cycle; and where we can, plant more trees? What about regular litter picking on the beach? What if we took our plastic boxes and egg boxes back to the supplier, or didn't take them in the first place? What if those who can walk short distances, do just that – you need a bit of extra time to reach your destination, that's all.

What if we gave ourselves a treat and used the buses instead of our cars? It's all about releasing ourselves from long held habits and as Sam Peel said: "do different".

The real value of money

Planning your finances with Peter Barton

If money makes the world go round, does it follow that a lack of money makes the world stop?

Probably not as human beings are very creative, but I would suggest that it would certainly slow down. There are many projects that have been shelved or delayed because there weren't enough funds to finish them, as the "austerity years" have shown. Similarly, in our personal lives we sometimes have to put things on hold – such as a holiday or home improvements – because it's not affordable at the time.

Money is a sensitive subject because most of us, to one degree or another, associate a lot of self-worth and identity to our job and how much money we make. The more you earn, the higher your perceived value to the market. But money is only a means of creating value in other areas – it can be exchanged for more free time, better life experiences, improved knowledge and hopefully happiness. I can't think of any clients whose main goal is to accumulate wealth for wealth's sake – instead, they save and invest because of what they can do with the money, or avoid things that they don't want to do, such as work longer or cut back on their holidays in retirement. After all, money only becomes useful when it's put into action.

There are many ways to leading a fulfilled life,

such as helping others without expecting a reward, loving your job and spirituality, but for many people the journey to creating value in their life starts with having plans in place to build up their wealth. This may be a regular savings plan, a personal or employer's pension scheme or an ISA. Of course, they're not just policies, they're a way of paying for the things that you value and when you realise this you understand the purpose in doing them.

So, as we approach the end of this tax year perhaps it would be a good idea to review what financial plans you have in place in order to create value in your life. If you don't have any plans at the moment, or don't know where to start, why not speak with an independent financial adviser to help you with the details as there may be several options to consider. At Continuum we would be happy to do that with you. But that's all they are – details – the real value is what those plans mean to you and how will they enhance your life.

Or are you just going to see how it goes and hope for the best when you get there?

The information contained in this article is based on the opinion of Continuum and does not constitute financial advice or a recommendation to suitable investment strategy, you should seek independent financial advice before embarking on any course of action. The value of an investment can go down as well as up, investors may get back less than the original investment.

Peter Barton is an Independent Financial Adviser at Continuum. Tel: **01603 879875** or **07787 561087**. Email: peter@mycontinuum.co.uk. Website: www.mycontinuum.co.uk

Dog Show and Family Fun Day

Here is advance warning about another fab Dog Show and Family Fun Day. This year it will be held on 12 July between 10am and 4pm in the East Park, Holkham, in aid of Wells Community Hospital Trust.

Proudly sponsored by Skinners Pet Food – 'providing high quality pet food to professionals and enthusiasts alike' – we are happy to announce our fabulous fun filled day for all the family... two and four-legged... at the East Park, Holkham Estate. Entry will be via the Golden Gates (B1105 Wells to Fakenham Road). Use postcode NR23 1SF for sat nav directions.



There is free entry but car parking will cost £3 per car. Gates open and registration will start from 10am, with doggie classes from 11am to 4pm.

There will be lots of fun classes and activities for your dog to enter together with a huge array of children's entertainment including circus acts, a climbing wall, pet 'cuddle corner', fun fair stalls and much, much more. Over 60 craft stalls and trade stands, 12 food outlets as well as a bar and live bands! Fun for everyone!

For more information please contact Wells Community Hospital Trust on **01328 711996** or email admin@wellshospital.co.uk

For details on Skinners Pet Food visit www.skinnerspetfoods.co.uk

New marketing manager at the Maltings

By Becca Lynn, Marketing & Development Manager

I started at Wells Maltings at the beginning of January, and was welcomed so warmly by the whole Maltings team. I've been learning everything I can about this amazing place and the time has absolutely flown. I grew up in Norfolk and feel so privileged to be involved in the further development of the Maltings.

As I write this, we are planning our Community Open Day on 1 February. If you missed it but still want to know more about the Maltings, just come down and speak to our wonderful staff and volunteers at the Visitor Information Centre.

We'd also be thrilled to receive any further feedback, so make yourself heard via email, Facebook or with our visitor feedback forms, found at the Visitor Information Centre.

February has always felt like a strange sort of in-between time. The dreps of winter still lapping at our shins, and not nearly enough spring in the air to get down to the beach.

However, like the snowdrops peeping up through soggy old leaves, we have a few gems ready to brighten up your days over the coming weeks.

Coming up on 14 and 15 February, we have the highly praised new adaptation of Louisa May Alcott's *Little Women*, directed by Greta Gerwig. According to one review, "(Gerwig) revives *Little Women* as a coming-of-age movie, a marriage comedy, a sibling-rivalry drama (and) an autofictional manifesto for writing your own life". If you missed it at the larger cinemas, now's your chance – and without all the adverts!

Our next live performance, on 18 and 19 February, combines cheesy magic, exuberant music and audience participation. *A Disappearing Act* is a witty, inventive and sometimes awkward exploration



Greta Gerwig's new adaptation of *Little Women*



Cats - is it really that bad? Come and see...

of our mortality, the rituals we use to accept it and how we say goodbye to the ones we love.

Live broadcasts this month include *Cyrano de Bergerac* from the National Theatre starring James McAvoy, *Swan Lake* from the Bolshoi Ballet in Moscow and *Agrippina* live from the Metropolitan Opera. If you've never had the chance to see a ballet or opera in the flesh, these live broadcasts are a wonderful way to sample the art form without trekking down to London.

Films coming up this month include the infamous *Cats* on 21 February (come and see what all the fuss has been about and make up your own mind!), *The Good Liar* on 28 February and the first of Screen-next-the-Sea's film noir themed films with Alfred Hitchcock's *Notorious* on 24 February, a brilliantly crafted wartime spy drama with Ingrid Bergman and Cary Grant as star crossed lovers.

The Saltmarsh Series of talks continues this month with more of the Norfolk Table. Teddy Maufe of Branthill Farm and Malt Coast brewery is coming in to talk all things beer with Barley to Beer on 20 February. Teddy will be bringing samples, so get your drinking boots on!

In March we have some real treats coming up, including local musicians The Missing Coda on 6 March, bringing their unique brand of piano hijinks and humour to our Kiln Room. We also have Voodoo Room playing Hendrix, Clapton and Cream classics on 13 March, and films including

Continued on page 33

Do I do?

By Miranda Marshall, Hayes + Storr

Getting married is a legal contract. That's why people need a lawyer to get 'unmarried' or, at least, the legal system oversees and regulates divorce.

The legal act with the lowest level of mental capacity necessary is that of marrying. That could explain a lot, ha ha, I hear you say!

The Court of Protection, which is the section of the court system which oversees the affairs of those unable to manage them for themselves, has recently granted permission for a 28-year-old man to marry his fiancée, even though he lacks mental capacity to manage his property and affairs.

The groom, called "P" in the reporting of the case, so as to protect his identity, has had learning difficulties since childhood. The loss of his leg in a road traffic accident resulted in him receiving an injury compensation award of £1,500,000. Adrian Mundell, P's 'deputy' (i.e. the person appointed to manage P's finances) spent P's compensation on buying P a home and has invested the rest for P.

Early in 2019 P announced his intention to marry a woman, whom he met three years ago and who now lives with him in his home, along with her two children. One is tempted to ask Caroline Aherne's question, on the eponymous *Mrs Merton* chat show, to Debbie McGee: "What was it that first attracted you to the millionaire Paul Daniels?", but that might be unfair.

Adrian had serious concerns about P's decision to marry, and especially its financial implications. P had made a Will leaving everything to his parents; but as marriage revokes a Will, P would be intestate and his new wife his primary beneficiary,

if P died. Adrian felt he had to take steps and so applied to the Court to prevent the marriage. As a reason he gave P's privately-expressed indecision about the marriage and the doctor's assessment that P is easily persuaded, has difficulty saying 'no', is very vulnerable and is open to being exploited. Adrian was concerned that P did not understand that if he married, and then divorced, his wife would have a financial claim. Adrian applied to the Court for a declaration that P did not have mental capacity to marry.

The judge did not agree. He noted that P had already been considered to have capacity to make a Will, for which the necessary degree of mental capacity is 'higher than that needed validly to contract a marriage'. He said that people can have capacity to marry, without needing to understand how divorce financial arrangements work.

The judge said that the amount of P's compensation had been for his needs alone, and so, if the marriage went ahead and then ended in divorce, the scope of the claim of the wife would "necessarily be extremely limited". The judge added that there were numerous legal authorities which have emphasised the near-immunity of a personal injury award from a divorce financial claim, and so, the divorcing-wife's claim would be limited to relieving her serious financial hardship only.

And so, let us hope that they both live happily ever after.

CONTACT Hayes + Storr, Chancery Lane, The Buttlands, Wells next the Sea, Norfolk NR23 1ER

- **Tel** 01328 710210
- **Email** miranda.marshall@hayes-storr.com
- **Website** www.hayesandstorr.co.uk

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Bombshell, Bait, Parasite and 1917.

Don't forget, our Pay What You Can scheme is available to all local people to help our community to access everything we have to offer. If you live locally and feel you would benefit from this new scheme, you simply let the box office know when you book and just pay what you can afford (min £1 per ticket). It's that simple! Certain conditions apply (ask the Box Office for more details) and we will run the scheme as long as funds allow. From this year,

additional funds have allowed us to extend the scheme to room hires. Information on spaces and rates are available online but contact Laura Crane on **01328 711378** or email laura@wellsmaltings.org.uk to discuss how the scheme might contribute to your booking costs.

For more information on all our activities and events, visit www.wellsmaltings.org.uk, or call us on **01328 710885** or **01328 839000**. Or just pop in and see us – our visitor information centre and box office is open seven days a week, 10am to 4pm.

Cooking with Carla Phillips

A mussels treat

At their very best now, we have some of the plumpest mussels I have ever had to deal with – the Frays have a lot to be proud of. Here is a simple recipe which can be served hot, but when cold – say, the next day – is either good served on salad leaves or even better as a filling for a sandwich.

To clean the mussels (using a litre of mussels for two servings), rinse them well in cold running water. Then remove the threads tangling round their shells as well as any barnacles stuck to their shells. This can be done with a small sharp knife and is very important, as the barnacles may contain dead matter. Then rinse the mussels well in a couple of changes of water, tapping them to discover any mussels which remain open after rough treatment. Discard these.

Now, cut up a few blades of celery, half an onion and some parsley stalks and place them, with a bay leaf or two and some peppercorns, in a large saucepan. Add a teacup of either cider, perry, white wine or vermouth and bring this to

the boil. Then throw in the mussels. Cover the pot and cook for a couple of minutes. Uncover the pot, stir them round, then re-cover the pot and cook for another two or three minutes. The mussels should all be open. Remove the pot from the heat and strain the mussels into a large bowl, but reserve the cooking juices (I strain them into a colander. Then strain the juices directly into a small saucepan. Reduce these juices until you have just about two table-spoons of the mixture, which should be shiny and somewhat gloopy. Shell the mussels and place them directly into this mixture, tossing them quickly. Spoon them into a bowl. Make a sharpish vinaigrette using the juice of a lemon, a crushed clove of garlic, a finely chopped shallot, some chopped parsley and a tablespoon of Dijon mustard. Gradually add a teacup of vegetable oil to this. Spoon some of this vinaigrette over the cooked (and coated) mussels. You can serve this as is, or as a salad. But it's magic as a sandwich in sliced brown bread or a soft bag.

What's on at Wells library

For further information about events and to book where necessary please call 01328 710467.

Regular events

- Tuesdays • Seated Exercise • 11am to 11.45am £2.50 • To book phone 07774 245810 or email sue@cardioandcore.co.uk
- Wednesdays • Stay and Chat • 9.30am to 10.30am • For pre school children and families • Refreshments provided
- Wednesdays • Games Afternoon • 1pm to 3pm
- Fridays • Just a Cuppa • 11am to 12 noon
- Wednesday 4 March • Book Club • 2.30pm to 3.30pm
- Wednesday 4 March • Crime Book Club • 5.30pm to 6.30pm
- Saturday 7 March • Lego Club • 10am to 12 noon
- Wednesday 11 March • Knit and Natter • 10.30am to 12 .30pm • Meets every three weeks

Other events

Story Explorers

A fun, interactive group to encourage your child's communication and language development. Join us with your 0 to 5 year old at Wells library for six sessions of activities based around storybooks. Wednesdays 26 February, 11 March and 25 March, 11am to 12 noon. For more information, email ecfs-families@actionforchildren.

Get started with 3D pens

Build your own amazing creation with fabulous new 3D pens. It's just like having a 3D printer but one that you hold in your hand! Using plant-based plastic, your creation will be fully biodegradable. Recommended for children aged 8+. No experience needed.

Go to www.norfolk.gov.uk/digifest to find more events or to book. Or speak to library staff. Spaces are limited, so book now.

Wells Community Hospital news

As we settle into the New Year, we are once again planning our fundraising events with fresh ideas and enthusiasm. There is lots to look forward to with a Plant Lovers Day on 30 May at Creake Abbey and our annual Dog Show and Family Fun Day on 12 July at Holkham (see page 29), both worth marking on your calendars as 'save the date'! Check our website for more details.

What's on at your hospital - new for 2020

● Go with the Flow Therapies

Wells Community Hospital is offering sound therapy with Sally, starting with a group sound-bath on 30 March from 10.30am to 11.30am! For years sound therapy has been used for healing, it has multiple benefits and is suitable for all. Sound-bath sessions use a variety of healing instruments (drums, chimes, crystal bowls, rattles, singing bowls) to create a feeling of peace, balance and harmony as well as deep relaxation. You can sit or lay on cushions or mats (please bring what you will need to be comfortable) and let the sounds wash over you as you are re-balanced and de-stressed and experience calmness.

For more information about sound-baths and to book, please call Sally on 07748 618077 or email carter.sally1@sky.com. Cost is £10 per person.

Services and Clinics

● Anglia Asbestos Disease Support Group

Friday 20 March from 11am to 3pm. Free of charge, with refreshments provided - meet others who understand what you are going through, and learn more about your condition and about the help available. For more information email admin@wellshospital.co.uk or call 01328 711996.

● C-Card Joining Hub

Aged between 13-24 and need free information, condoms (subject to circum-

stances) and STI testing kits? Then visit us for your confidential sexual health advice and to join the C-Card scheme. Monday 12.30pm to 5pm, Tuesday 8.30am to 5pm, Wednesday 8.30am to 12.30pm, Thursday closed, Friday 8.30am to 5pm. Please note we are closed on Bank Holidays and weekends.

● Fit Together Walks (Active Norfolk)

Join a friendly group for a walk in natural surroundings followed by tea and coffee at the hospital. On 18 March we will set off at 10.30am from the hospital carpark. Contact Melanie Brown on 07766 259999, or email mel.brown@activenorfolk.org

● Seated Exercise with Sue

Join Sue for her fun seated exercise sessions, suitable for all ages, in a dementia friendly environment. Thursdays 10.30am to 11.15am. Transport is available if required. Cost £3 per person and booking is essential. Phone 07774 245810 or email sue@cardioandcore.co.uk

Training Hub

Upcoming dates for your training needs:

- 26 February: Emergency First Aid at Work (one day) Level 3 Award.
- 9 March: Basic Life Support (three hours)

Contact us to book your place or if you need more details on 01328 711996.

1000 Club

Join our 1000 Club had help raise value funds for your hospital. From £4.34 per month you are in with a chance of winning first prize (£120 per month), or second prize (£40 per month). Application forms are on our website - www.wellshospital.org.uk/help-us/join-our-1000-club or call 01328 711996 or email admin@wellshospital.co.uk

CONTACT Wells Community Hospital Trust

Mill Road, Wells next the Sea
Norfolk NR23 1RF

- 01328 711996
- admin@wellshospital.co.uk
- www.wellshospital.org.uk

Coming soon...

The story of St Nicholas church and the town of Wells through ten centuries. Based on real events and historical figures. An imaginative portrayal of the issues and conflicts endured by the townspeople of Wells, told through words, music and song...



The Quay Directory

EMERGENCY SERVICES

Police	999
Ambulance	999
Fire	999
Coastguard/Lifeboat	999

NON-EMERGENCY SERVICES

Flood Co-ordinators	01328 710743
Police (non-emergency)	101
Wells Coastwatch	01328 710587
Wells Fire station (Fakenham)	01328 856054
Wells Lifeboat station	01328 710230
Environment Agency - Floodline	0345 988 1188

BANKS & BUILDING SOCIETIES

Barclays Bank, Fakenham	0345 7345345
HSBC, Fakenham	0845 7404404
Lloyds TSB, Fakenham	0845 0723333
NatWest, Fakenham	01328 853210

BUS/RAIL INFORMATION

Burnham Market Community Car Scheme	01485 210342
Dial a Bus	01553 770310/776971
Lynx Bus Company	01553 611955
National Rail Enquiries	08457 484950
Sanders Coaches	01263 712800

CHURCHES

Wells Group of Parishes	01328 710628
Methodist Church	01263 712166
Evangelical Congregational Church	01263 862970
Roman Catholic Church	01328 821353
Quakers	01328 711387
Russian Orthodox	01328 820108

COUNCILS

Wells Town Council	01328 710564
Norfolk County Council	0344 800 820
North Norfolk District Council	01263 513811

HOSPITALS/HEALTH CENTRES/DENTIST

Burnham Market Surgery	01328 737000
NHS Direct	0845 4647
N&N Hospital, Norwich	01603 286286
QEII Hospital, King's Lynn	01553 613613
Red Cross	01328 711829
Wells Health Centre	01328 710741
Wells Community Hospital	01328 711996
Wells Hospital Physiotherapy	01328 711187

LIBRARIES

Fakenham Library	01328 862715
Wells Library	01328 710467

SCHOOLS

Alderman Peel High School	01328 710476
Fakenham Junior School	01328 862188
Fakenham Infants School	01328 864511
Fakenham High School & College	01328 862545
Walsingham Primary School	01328 820265
Wells Primary & Nursery School	01328 710320

OTHER USEFUL NUMBERS

Adult Education	01328 851213
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Chemist - David Jagger	01328 710239
Citizens Advice Bureau	01328 856024
Funeral Directors	01328 710301
Norfolk Carers (freephone)	0500 179546
Norfolk Debt Line	01603 763980
Norman Lamb MP's surgery	01692 403752
Registration of Births & Deaths	0344 800 8020
Registration of marriages, civil partnerships	01328 863268
Relate (Marriage Guidance)	01603 625333
Veterinary Surgery	01328 711022
Wells Maltings Booking Office	01328 839000
Wells Post Office	01328 710332
Wells Tourist Information Centre	01328 710885

CONTACT NUMBERS - Local Organisations

Art Group	01328 710923
Churches Together	01328 710584
Disabled Gardening Group	01328 786630
Fakenham Choral Society	01328 851848
First Wells Sea Scouts	01328 710577
Friends of the Granary	01328 710193
Heritage House Day Care	01328 711333
Homes for Wells	01328 711703
Hope and Smile	01328 711378
Keep Fit Group	01328 730508
Lifeboat Guild	01328 711823
Local Archaeology	01328 711449
Local History Group	01328 710261
Rosemary Group (bereavement support)	07503 310665
Screen-next-the-Sea	01328 711085
Sing for Joy	01263 570117
The Royal British Legion	01328 712052
Wells Area Partnership	01328 711378
Wells Bellringers	01328 710208
Wells Brownies	07748 256714
Wells Carers Support Group	01328 710501
Wells Carnival	01328 713002
Wells Craft Group	01328 710019
Wells Croquet Club	01328 710558/710963
Wells Discussion Group	01328 710951
Wells Football Club	01328 710907
Wells Friendship Club	07766151715
Wells Harbour Office	01328 711646
Wells Maltings Trust	01328 711378
Wells Men's Shed	07486 524603
Wells Nelson Club	01328 710408
Wells Pensioners Association	01328 711425
Wells Photographic Group	01328 856456
Wells Sailing Club	01328 712000
Wells Town Bowls Club	01328 316411
Wells Town Tennis Club	01328 710578
Wells Travellers	01328 316021
Wells Twinning Committee	01328 738513
Wells United Charities	01328 710103
Women's Institute	01328 712078
Workers Educational Association	07856 792186

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The Quay Diary

Diary entries for the next issue of The Quay should be received by 24 February. Contact Editor Sara Phillips on 01328 711717 or e-mail editorial@quaypublishing.co.uk

FEBRUARY

Date	Group	Time	Place	Event
15	Community Craft Market	10.00am	St Nicholas church	Community Craft Market
15	Fakenham Choral Society	10.00am	Fakenham Academy	Come & Sing Day - Haydn's <i>Creation</i>
15	Warham Reading Room	8.00pm	Warham Reading Room	Band night - Fourplay. £5 per ticket
16	RNLI	9.00am	Wells boathouse	Practice launch
17	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
19	Wells Library	10.30am	Wells Library	Knit and Natter Group - all welcome
21	Warham Reading Room	7.30pm	Warham Reading Room	Quiz Night
24	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
24	Screen-next-the-Sea	7.00pm	Wells Maltings	Notorious (U)
28	Wells Police	10.00am	Wells Police station	Open morning - all welcome

MARCH

Date	Group	Time	Place	Event
1	RNLI	9.00am	Wells boathouse	Practice launch
2	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
4	Wells Library	2.30pm	Wells Library	Monthly book club
4	Wells Library	5.30pm	Wells Library	Monthly crime book club
5	Wells WI	2.15pm	WI Hall, Church Plain	The Art of Safe Driving
7	WEA	9.45am	Friends' Meeting House	Day school - Tiananmen Square Massacre
9	Wells Police	10.00am	Wells Police station	Open morning - all welcome
9	Wells Ladies Probus Club	11.00am	The Globe Inn	Monthly meeting
9	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
9	RNLI Guild	7.30pm	Peter Collingwood Hall	Monthly meeting
11	Wells Library	10.30am	Wells Library	Knit and Natter Group - all welcome
16	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
21	Community Craft Market	10.00am	St Nicholas church	Community Craft Market
23	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
23	Screen-next-the-Sea	7.00pm	Wells Maltings	Parasite (15)
26	Wells Police	10.00am	Wells Police station	Open morning - all welcome
27	Warham Reading Room	7.30pm	Warham Reading Room	Bingo for Easter
30	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting

APRIL

Date	Group	Time	Place	Event
1	Wells Library	10.30am	Wells Library	Knit and Natter Group - all welcome
1	Wells Library	2.30pm	Wells Library	Monthly book club
1	Wells Library	5.30pm	Wells Library	Monthly crime book club
2	Wells WI	2.15pm	WI Hall, Church Plain	The Quiet Suffragette
13	Screen-next-the-Sea	7.00pm	Wells Maltings	Inna De Yard (12A)
13	RNLI Guild	7.30pm	Peter Collingwood Hall	Monthly meeting
18	Community Craft Market	10.00am	St Nicholas church	Community Craft Market
20	Wells Ladies Probus Club	11.00am	WI Hall	Monthly meeting
20	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
22	Wells Library	10.30am	Wells Library	Knit and Natter Group - all welcome
24	Warham Reading Room	7.30pm	Warham Reading Room	Quiz for Easter
27	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
27	Screen-next-the-Sea	7.00pm	Wells Maltings	The Report (15)

MAY

Date	Group	Time	Place	Event
6	Wells Library	2.30pm	Wells Library	Monthly book club
6	Wells Library	5.30pm	Wells Library	Monthly crime book club
7	Wells WI	2.15pm	WI Hall, Church Plain	Floral Fun
11	Wells Ladies Probus Club	11.00am	The Globe Inn	Monthly meeting
11	Textile & Embroiderers Group	2.00pm	WI Hall, Church Plain	Weekly meeting
11	RNLI Guild	7.30pm	Wells Sailing Club	AGM and Monthly meeting
13	Wells Library	10.30am	Wells Library	Knit and Natter Group - all welcome
16	Community Craft Market	10.00am	St Nicholas church	Community Craft Market