THE QUAY

Wells and District Community Magazine • Vol 15 Issue 9
October 2020

This month: New WWII memorial goes up at Egmere • Wells Community Support Hub returns • Heritage House needs volunteers

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Welcome to The Quay

When I asked my co-workers what was going on in the town so that I might have something to write about, they all said that there are apparently 14 cases of the dread disease in Wells. If this is so, then I wish everyone a speedy recovery with no lasting ill-effects.

Please, please continue to wear masks whenever you are in a confined space – it's becoming more and more apparent that this virus spreads mainly by droplets in the air. Wearing a mask does offer you a bit of protection from other people's droplets, but it mainly protects other people from your droplets. And these droplets can be minuscule – they come out of your mouth and nose whenever you breathe, speak, cough, sneeze, sing etc. Think of others, wear your mask and maintain some useful distance from other people.

The Wells Community Support Hub is up and running again – see the information on page 5 or the leaflet that should have been delivered through your door recently. The Hub is not just there for practical help but also wants to be a friendly voice to talk to if this whole situation is getting you down, which, let's face it, is probably the case for all of us in some way or another.

Please don't be too proud or independent to use it, or any of the other help groups advertised. This is a horrid time for all of us, with no clear end in sight. It also comes at an unsettling time for the country, with Brexit, and the world, with the American elections and their ungovernable President. Just knowing that you are not alone, that other people share your concerns and may be able to offer ways to help you, is invaluable. Also, if you are able to assist the Community Hub in any way, please volunteer – give them a ring on **01328 711996** and offer your services.

And speaking of volunteering, Heritage House is on the lookout for more drivers to help ferry their visitors to and from their homes to spend the day at the day-care centre. There is an article about Heritage House and the volunteers they would like to recruit on page 27 of this issue of *The Quay*. If you can help, please give general manager Steve Cheshire a ring on **01328 711333**, I'm sure he would be delighted to hear from you.

Meanwhile, please stay safe and distant and masked. We can only hope that this will all end eventually. Hang in there! **SP**

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Homes for Wells news

Seven or eight years ago, my wife and I had become regular visitors to Wells. We often ate at the Crab House. One evening, the manager was talking to us and mentioned how very difficult it had become for young people to afford to live in Wells. I was unaware, until then, of the profound changes that are taking place. So it is with special satisfaction that I can write in my Annual Report (below) that Homes for Wells' newest tenant is, in fact, her own daughter!

Chair's Annual Report to the AGM, 23 September 2020

Homes for Wells had a good year of progress in the financial year to March 2020. In terms of our financial strength, it was probably our most successful yet. Our balance sheet is the strongest ever, thanks to a tremendous increase in voluntary donations, as well as the vigilant work of our treasurer and board of trustees.

In the period since then, up to the AGM, the risk of the Covid lockdown affecting our tenants' ability to pay their rents has been carefully managed. Weekly cash flow monitoring meetings have been held by conference call and help has been provided to tenants who needed to claim benefits and grants. Our housing portfolio has grown. We purchased and refurbished 22 Northfield Waye, a ground floor one bedroom flat with a garden and obtained the freehold for the flat above, 22a (from Victory). 22a was Homes for Wells' first ever property.

In April, we also took on the management of four dwellings owned by the Society of Friends, at Quakers Yard. The Quakers looked to Homes for Wells because of our locally-based support, our shared ethical values and, at some future date when any existing tenancy should end, the infrastructure to allocate their homes, at affordable rents, to local applicants.

Our modest organic growth has brought our total portfolio to 25, of which seven homes are managed on behalf of other owners. Thanks to the efficiency of our allocations committee, newly vacant dwellings are filled very quickly and the periods spent 'void' – when no rents are received, are kept to an absolute minimum.

Our list of new applicants is, nonetheless, at an all time high. Our newest tenant, as I write, is a single lady from a family that has lived in Wells for many generations. She has always worked and paid her rent, but had been evicted from her privately rented home, and made homeless, because the owner decided to convert it to a holiday rental.

At about this time last year, a project to develop twelve new affordable homes, on a plot at Warham, had received planning consent for affordable homes. Crucially, we had been supported all along by Warham Parish Council. The site survey showed there would be no problems with construction and the intention was to go ahead with modular construction. Options were obtained for the purchase of the land.

Disappointingly, the budgeted costs of the project exceeded the finance we could raise. In October, the board of trustees voted unanimously to seek help from a larger housing association to bring the project to completion. We are currently in discussions with Flagship Housing for the scheme to be built and owned by them, but with the dwellings allocated to applicants on Homes for Wells' waiting list.

The successful achievement of Homes for Wells' aims depends partly on responding quickly and boldly to opportunities as they arise, and learning from them. It also depends on good governance, so that we abide by our rules and manage our finances very carefully. Finding the balance involves 'risk based thinking', which guides our strategy.

We were awarded a grant by Norfolk Community Foundation to develop a quality management system to ISO9001:2015 standard. This project is nearing completion and is aimed at improving our board's development of our strategy, as well as ensuring our compliance with the many regulations by which we are governed, and improving our service to our tenants and applicants.

Finally, I would like to pay tribute to Graham Connolly, housing strategy and delivery manager at NNDC, for all his help with grants and planning; to our donors, mostly anonymous, for their generosity; to the Countess of Leicester for serving as our patron; and to all our trustees, without whom our tenants would not have affordable homes.

CONTACT Homes for Wells, The Sackhouse, Jicklings Yard, Wells next the Sea, Norfolk, NR23 1AU

- Telephone: 01328 711703
- E-mail: office@homesforwells.co.uk
- Website: www.homesforwells.co.uk

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Don't be alone – The Wells Community Support Hub is here to help anyone in our community in need, regardless of age or circumstances

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Autumn draws in at Wells Maltings

By Becca Lynn, Marketing & Development Manager

The weather has well and truly changed as we dive into October with a new programme. Wells is winding down after a busy summer, with hopes for a safe season ahead.

The Maltings is no different, cautiously planning for Christmas and bringing out a few more live shows with socially distanced audiences. We continue to move forward carefully with our programme, endeavouring to bring you the best cultural experiences possible under current guidelines. Our audiences continue to be supportive and understanding, for which we are endlessly grateful.

One truly exciting live event coming up this month is *Signal Fires*, an outdoor event in collaboration with our very own fEAST Theatre. This features a selection of stories from the east of the UK, with songs and scenes from some of fEAST's best-known shows. A journey through time and place awaits, from a 1943 US airbase near Wroxham to a medieval legend from our mist-shrouded salt-marshes. fEAST will take to the Maltings courtyard on 30 October to join this national collective act of story-telling by firelight.

Our other live shows this season include the return of our Saltmarsh talks from Whin Hill Cider on 19 November with *Cyder Without Rosie* – a chance to sample some wonderful local produce and learn about its origins. We have classical music from North Norfolk Music Festival, with award winning pianist Roman Kosyakov on 8 November and string renditions of Beethoven and Brahms from Echéa Quartet on 22 November. Nigel Price Trio will signal the return of Jazz Monthly on 11 November. We also have a Bolshoi Ballet screening of *The Lady of the Camellias* on 15 November and NT Live brings us Shakespearean drama with Tom Hiddleston in *Coriolanus* on 5 November.

The film selection this autumn is extensive, from stories of the Second World War to the fight against racism in the 70s. An emotional story of love's endurance from *Summerland* (12A) on 24 October and on 30 October, *Jojo Rabbit* (12A), the darkly comedic story of a lonely German boy, forced to confront his blind nationalism with the help of his idiotic imaginary friend, Adolf.

The programme takes a spooky turn as we approach Halloween, with *100% Wolf* (U) on 28 October, and freaky fun for all ages on 31 October – for the kids at 4pm there's Pixar's *Onward*, and at 7.30pm older audiences will enjoy the latest *Halloween* (18) with the return of Jamie Lee Curtis in her iconic role. Spooky treats will be available from the café and bar.

We also have a series of workshops for children, with three fancy-dress, Halloween-themed sessions from fEAST's Dawn Finnerty on 28 October, and a chance to make your own autumnal leaf ornament from salt dough on 29 October.

In November, our films include *Radioactive* (12A) telling the story of Marie Curie's struggle for recognition for her scientific research (6 November), and the latest adventures of a certain excellent duo in *Bill and Ted Face The Music* (PG) (13 November). The mind-bending sci-fi thriller *Tenet* (PG) shows on 14 November, and Rubika Shah's feature-length documentary charts the vital London protest movement, Rock Against Racism in *White Riot* (15) on 20 November.

Looking to December, we can only hope that the situation allows us to bring you all the festive delights we have planned. As ever, we will need the support of our community, but we hope we can also be a support to those who need some relief from the winter darkness – a warm drink, a great film, a friendly face.

An annual £15 subscription to *The Quay* makes an ideal gift

The Quay is delivered free of charge to all properties in the NR23 area. If you have friends or relatives who live in other parts of the UK, or even abroad, but who would like to know what goes on in Wells, please help us to keep our costs down by suggesting that they take out an annual subscription – it's only £15! Send cash or a cheque made payable to Quay Publishing Ltd, for that amount to 2d Maryland, Wells next the Sea, Norfolk NR23 1LY and include the name and address of the person to whom the subscription should go.

Wells Bonfire Night cancellation

By Ray Hewitt

On behalf of the Buttlands Bonfire Preservation Group, I regret having to report that due to the Covid-19 uncertainty, the Bonfire and Guy competition will not take place as usual. Hopefully we will see you all again next year!

Burnham Market Area Community Car Scheme

We are pleased to say that the car scheme is up and running again with a risk assessment in place, and we are still taking passengers to medically related appointments. We urgently need more drivers! Contact Daphne on **01485 210342** for both the above.

Screen-next-the-Sea – onwards and upwards

It was great to welcome so many of you to our first film of the season, *Parasite*, which showed on two nights with reduced Covid secure seating, and there was nearly a full house on both occasions.

With the film industry limiting new releases, it has taken some time to put together our autumn programme, but there is something for everyone in the coming months.

Honeyland (12A), in Turkish with subtitles, is a documentary about a Macedonian beekeeper whose livelihood is threatened by the actions of her new neighbours. Shot over three years, this stunningly beautiful film is a portrait of a vanishing way of life, and of a determined woman just trying to make her way in the world. This film has the rare accolade of winning a 100% critic approval rating from the Rotten Tomatoes film review site, and is showing on Monday 26 October at 7pm.

In *The Assistant* (15), showing on Monday 9 November at 7pm, Jane (Julia Garner) is a recent college graduate and aspiring film producer who lands her dream job as junior assistant to a powerful entertainment mogul. She gradually becomes aware of insidious abuse and an accumulation of degradations against which she decides to take a stand. Also starring Matthew Macfadyen, and directed by Kitty Green, this film tackles sexual predation and its protectors in the film industry, most dramatically illustrated by the case of Harvey Weinstein.

On 23 November at 7pm is *Misbehaviour* (12A), a comedy drama based on the true story of a group of women who disrupted the 1970 Miss World competition, notoriously compered by Bob Hope who likened the show to a cattle parade. Starring Kiera Knightley, Gugu Mbatha-Raw and Jessie Buckley, who deliver laughs and drama, this film will bring back memories for some of us!

Gugu Mbatha-Raw

My Rembrandt (12A) is a 'bracing and unusual documentary', in which art collectors and dealers discuss their obsessive quest to obtain new works by Rembrandt, leading to dramatic developments and unexpected plot turns. We are introduced to a colourful array of characters, and some wonderful camera work brings out the nuances of Rembrandt's work. Showing on Monday 14 December at 7pm.

On a cheerful note we are showing *A Beautiful Day In The Neighborhood* (PG) at 7pm on Monday 21 December. Lloyd Vogel (Matthew Rhys), an investigative journalist, is to interview Fred Rogers (Tom Hanks), based on a real, much loved TV personality, and he finds it hard to believe that anyone can have such a good nature. But Mr Roger's empathy and kindness chips away at the journalist's jaded outlook on life. A really uplifting film.

Tickets cannot be bought immediately prior to the performance but can be obtained up to 3pm on the day by phone or in person from the box office, **01328 710885**, (closed Tuesdays at the moment) and by 5pm on line at **www.wellsmaltings.org.uk**

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Alderman Peel High School news

By Alastair Ogle, a proud Principal!

It is absolutely wonderful to have our school community back together again. We may not be able to get everyone together for a whole school assembly, as is normal practice, but without the students schools are just large empty buildings. The students have been superb since they returned. They have adapted to our new rules and regulations brilliantly and engaged fully in lessons. Nationally student attendance in schools is 87% while at APHS it is 98%. We have a wide range of safety protocols in place as per the Department for Education, the Department for Health and Social Care and Norfolk County Council guidance and we have detailed plans in place that can be quickly implemented if a member of staff or a student tests positive, again, in line with all guidance.

I would like to thank the staff. Now, more than ever they continue to demonstrate their commitment to supporting our students' education, wellbeing and mental health. They have demonstrated resilience, dedication and creativity in order to continually support students and families through lockdown and in the face of ongoing restrictions. Like many others, members of staff have had to balance teaching their own children at home, supporting family members and friends and also providing online work for every student they teach. In some cases this was setting work, marking and responding to 500 children every week!

Since returning, they have adapted quickly to ongoing restrictions, amending curriculum plans to avoid use of and sharing of resources, finding innovative ways to support and feedback to students. Simple tasks such as marking books or kneeling next to a student to help and explain work have become almost impossible. I could not be more proud to be part of "team APHS"

APHS has grown once again as more children join us from out of our catchment area. We now have over 520 students and have once again made staffing adjustments to ensure they all receive the support they need to succeed. We are already thinking of September 2021 as the deadline for parents to express their preferences for secondary school is 31 October 2020. Unfortunately we cannot hold our traditional Open Evening, instead we are holding a number of different events. These can be viewed on our website:
www.wensumtrust.org.uk/aldermanpeel

Following the trials and tribulations of the 2020 examinations I am pleased (and relieved) to let you know that students received the results they deserved and had worked incredibly hard for. We would like to wish them all every success in their futures.

Lastly I would like to thank our families and community. Throughout the last six months, your support has been very much appreciated. We have had a huge number of letters and emails wishing us well and thanking staff for all they do. These are really challenging times for all of us, but the way the community has pulled together has been genuinely heart-warming.

Norfolk coast transport strategy

By Helen Timson, Norfolk Coast Projects Officer

The Norfolk Coast Partnership is currently reviewing the former Norfolk Coast transport strategy for the Norfolk Coast AONB and believe it is the right time to update it. To begin this work we need to produce a summary of issues and opportunities on a parish by parish basis across the area. Could I please ask as many of you as possible from Wells to complete the following, quick, on-line survey (see link below) and for it to be shared as widely across the town as possible in order that we can gauge a community response (there is also an opportunity to win one of five prizes!)

To take part, go to **www.smartsurvey.co.uk/s/NorfolkCoastAONBTransportSurvey/**

Your assistance in this matter would be extremely gratefully received.

NORFOLK COAST
PARTNERSHIP

Clubs, groups and societies

Wells Good Companions

With the escalation of Covid-19 cases in some parts of the country and the new government rules, the likelihood of our group being able to meet again in the near future seems highly unlikely. I won't submit anything further to *The Quay* until the situation returns to some semblance of normality. As I wrote last month, should the present situation change for the better and it seems possible to reconvene, we will telephone each of you to let you know. Meanwhile, all of you, please stay safe and well.

Wells Men's Shed

This year continues to be an eventful one and we at the Men's Shed find ourselves trying to 'change the tyres on a moving vehicle' so to speak, as we wrestle with the evolving guidelines regarding Covid. With this in mind we have decided to reopen the Shed for members only with limited access and attendees. This means there will be no public access for time being.

Our decision to reopen coincides with the acquisition of PPE (Personal Protection Equipment) which had previously been put on hold during lockdown. CAN (Community Action Norfolk), which previously supported us with the purchase of our Shed, has recently provided us with additional financial support to purchase the PPE. This will have a big impact on our operations and we are very grateful to CAN. Safety of our members is at the top of our thoughts with all our activities. We would also like to express our thanks to Ronseal Products which has kindly donated a supply of sanitiser for us to use as we develop a safe working environment for the Shedders. Anyone contemplating joining us can feel confident about our safety arrangements.

We have also decided to temporarily close down our telephone line so the main way to get in touch with us is via our email address below. The practicalities of managing our phone at this time is proving problematic.

Although woodworking is our main activity we have recently formed a splinter group of cyclists (no pun intended!). A small group of our members go for a cycle ride on Monday, Wednesday and Friday mornings, meeting at the Old School at 9am. If anyone fancies the idea of a short cycle ride you are welcome to come along and join us. No need to book, just turn up, or email us and we can put you on a circulation list for updates.

Another development is that we are remodelling our outdoor space around the Shed. Part of this remodelling will include a 'lean to' which will provide additional storage and safe outdoor workspace. We also have plans to improve the landscaping around the shed, converting the waste soil bund with colourful planting to attract bees and insects so we have plenty to do.

If you'd like to be part of the Men's Shed please get in touch, all are welcome and no previous experience is required.

If you would like more information please visit us at **www.wellsnexttheseamensshed.weebly.com**, or email us at **mensshedwells@gmail.com**

Wells Textile and Embroidery Group

With the sun being so low in the sky we are noticing that suddenly colours have begun to change. The autumnal reds, oranges and yellows offer us a feast for the eyes. Colours are such an integral part when we talk about textiles. I'm sure we all know that when we wear a favourite jumper, the colour plays a big part in the way it makes us feel. When we use colours we love to make things, be it crocheting a flower or embroidering a brooch or many other textile projects. The satisfaction of making something yourself, especially in the company of other like-minded people, can bring joy.

Even though we are not meeting at the moment when the time comes to reopen, if you would like to share that joy you would be warmly welcome.

Wells Town Bowls Club

As for many sporting clubs, it has been a very difficult time for Wells Town Bowls Club. When restrictions allowed we managed to play our Wednesday roll ups among members only, observing the social distancing guidelines. The roll ups were enjoyed by all members who attended and provided some sporting and social interaction. We also managed to fit in two friendly matches against Elsmith and Hempton respectively which were competitive and very much appreciated by all players.

The green closed for the season at the end of September and hopefully we will have something to look forward to when the new season kicks off around April or May next year – let's hope so.

Continued on page 21

It is hoped that the refurbishment of the club pavilion will start in the next few weeks, as the old building is in need of some repair, especially the roof. This shouldn't take more than a couple of weeks.

We hope all our members keep safe in these very unpredictable times and we look forward to meeting up with you all again in the new year.

Wells United Charities

On 29 August, on what must have been the wettest Bank Holiday Saturday in many years, WUC held a pop up craft stall, also selling tea and cakes.

Many of our loyal friends and supporters braved the weather and £102.37 was raised.

The illustrator and designer Jennifer Kellett was also pleased to say that her designs were well received, selling quite a bit of stock, as people were already thinking ahead and purchasing Christmas gifts!

If you were unable to attend, please look at her website on www.jenniferkellett.co.uk

Thanks go to Janet Kellett, for hosting the event in her garage and driveway, and to Katie Harowven, Thelma Short, Jean Terrington and Cheryl Crawford for delicious cakes, flapjacks, scones and sausage rolls.

All visitors were happy to comply with the Covid measures that were put in place.

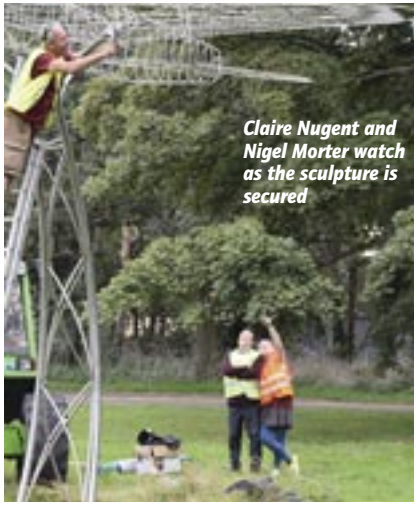
To keep the Quay Diary on page 38 up to date, please send dates of your meetings and events (or cancellations) for 2020 and 2021 to editorial@quaypublishing.co.uk

A moving and impressive memorial

By Nigel Morter and Claire Nugent

When we moved into the Control Tower at former RAF North Creake we were surprised to learn how little was known locally about the vital work undertaken at this Second World War airbase. Nine years on and after nearly three years of fundraising, we have erected the first part of the memorial that is to stand on land generously designated by Walsingham Estate.

If you have driven up the Dry Road from Fakenham to Wells you may have already seen the large sculpture of a Stirling Bomber made from stainless steel that now graces the corner of Edgar Road. Entitled 'Home Safe', it is dedicated to all who served at RAF North Creake during the War. The sculpture is of the type of aircraft that first flew operations from North Creake on D-Day in June 1944 in their role to confound German radar in support of the invasion and after in support of Bomber Command. Conceived by us, the sculpture was designed and made by Andy Knighton Sculptures in Derbyshire as part of the 'Time to Remember' campaign to achieve recognition for this station. Andy's engineering skills meant that the erection, ably assisted by the teleporter driving skills of Ian Foreman, went without a hitch. The whole thing was witnessed by socially distanced supporters including Paul Bishop who generously assisted in the laying of the foundation block last year.



Claire Nugent and Nigel Morter watch as the sculpture is secured

Picture © Lara Blake Photography

The project should have been dedicated on 1 August but with the pandemic, this has been postponed until 6 June 2021.

Later this winter the rest of the site will be completed; a large steel Roll of Honour dedicated to, and giving details of, the 73 men who died while serving at the airfield will be erected alongside the sculpture with information boards and a bench.

Generous support has been given to the project from a diverse group of people and organisations, including numerous individuals who donated at talks, auctions, on-line or on visits to the Tower, but also including Lord Leicester, North Norfolk Big Society Fund, Bomber Command Association, Walsingham Parish Council, The Pickled Inns and Egmere Solar Farm.

More information about the airfield is available at **www.rafnorthcreake.co.uk**

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News from the Anglican churches

By Rev Brenda Stewart

Looking back at what I wrote last month makes me realise how quickly things keep changing and how difficult it is to plan anything.

Sadly, as I write, following further restrictions, one of my two couples have reluctantly had to postpone their wedding and the other couple are still not sure. Sunday worship is not affected and the service pattern is evolving, but we still cannot sing hymns.

If you are thinking of attending a service, best check the website – https://www.achurchnearyou.com or the church noticeboards to see what's happening where.

Just before the restrictions tightened again we had a lovely event at St Nicholas church in Wells, an outdoor service to celebrate the work of the Wells Fire and Rescue Service followed by a fish and chip supper donated by French's Fish Shop. All proceeds were donated to the Fire Service Charity. My thanks to all who were involved.

I've been away for the first time. Benslow Music Trust, where I teach on music courses, has reopened with, of course, many restrictions – named seats and table service in the dining room, masks on in all public areas and playing chamber music seated two metres apart (an interesting challenge for ensemble) but we managed and everyone was so glad to be making music again.

It made me realise that, whilst being sensible and working within the restrictions, it is possible to do 'normal' things that are necessary for our mental and spiritual wellbeing. It just takes a bit more thinking out, but we must try.

Looking at the registers, we have had the funerals of Tom Lynch and Brian Scott from Wells and baby Grace Elphinstone at Holkham. Please keep those who mourn in your prayers.

Methodist church news

By Rev Cliff Shanganya

The last six months have been difficult for many of us and may have raised all sorts of questions about faith. If you would like a 'Faith MOT' – the opportunity to talk through where you are with God – let me know and we can grab a coffee together for a socially distanced garden chat.

I have been heartened by many of your stories during lockdown of renewed interest in reading your Bibles, and an increased awareness of the presence of God and of his peace, but I know this won't have been the case for all of you. If you are struggling, please let either me, or someone else you trust, know, so that we can help.

I have begun a reflection on Paul's letter to the Philippians. It's a great letter of hope. Despite being in prison (the most extreme form of lockdown), Paul is still sharing the good news of Jesus with those around him, and provides much encouragement to the church in Philippi which has supported him.

As Christians in north Norfolk in the 21st century, let us continue to be partners together in sharing the gospel with each other and those around us. Like Paul, I long for the time when we can ALL be together again but, until then, I look forward to seeing many of you soon. Wells Methodist Church reopened in the first week of October.

Wells & District Churches Together

While many churches are open, others are struggling with the stringent rules and regulations regarding health, safety and risk assessment. But we are social beings and need community to survive and thrive, so there have been imaginative ways of maintaining togetherness and cohesion among the various Christian communities.

Wells Quakers hope that their Meeting House will be open again for 10.30am Sunday worship, initially, from the beginning of October. Wells Churches Together group has, for several years, arranged an annual Prison Week Service, usually held during the week 11 – 17 October. This year's title is 'United in Lockdown – you are not alone'.

Beyond the walls of prison, we are all learning to navigate uncertainty. There have been so many things we have taken for granted and it's only when we lose them that we realise the value they had. So let's be thankful for the community we have in our town; community works for everyone.

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Travel matters

By David Hissey

Summertime ends on Sunday 25 October, heralding later times for sunrise and earlier times for sunset. The late afternoon sunset time of 4.37pm on 25 October is when white lights at the front and red lights at the rear are required on bicycles or any other moving vehicle on the public highway. This often catches travellers out so be prepared, those lights you used last season will not necessarily function as they did back then, check them out well before you need them.

Here in Wells many streets are poorly lit and anywhere beyond the town is not lit at all. Many walkers, with or without a dog, obviously think it is quite wise to wear or carry some sort of light which shows red at the back and white to the front too. Personally I think this is a very good idea even if it is not a legal requirement. See and be seen keeps you safe when you are out on the roads at night.

There are some minor adjustments to trains from Norwich, services from King's Lynn will be affected on Saturday 17 October and Sunday 18 October when major engineering works will take place in the King's Cross area of London and, as frequently happens, buses will replace late night trains between Ely and King's Lynn from Monday 9 November to Thursday 12 November.

As always, do check your journey before you travel. Here are some useful contacts: **nationaljourneyplanner.travelinesw.com**; **nationalrail.co.uk**; **sanderscoaches.com**; **www.lynxbus.co.uk/bus-times-fares**

There are also useful telephone numbers in *The Quay* Directory on page 35.

Church service times

CHURCH	DAY	TIME	SERVICE
Church of England – Rev Brenda Stewart – 01328 710628			
St Nicholas, Church Street, Wells	Sunday	8.00am	Holy Communion
	1st Sunday of month	11.00am	Worship for All
	2nd, 3rd & 4th Sundays	11.00am	Sung Eucharist
	1st Sunday of month	6.30pm	Taize service
	2nd Sunday of month	6.30pm	Evening Prayer
	3rd Sunday of month	6.30pm	Healing service
	4th Sunday of month	6.30pm	Celtic Worship
	Wednesdays	10.00am	Holy Communion
	1st and 3rd Thursdays	10.00am	Quiet Prayer
	2nd Saturday of month	11.00am	Messy Church
	2nd and 4th Fridays	1.45pm	Little Fishes Parent & toddler group
St Withburga, Holkham (Remembrance Sunday to Easter,	1st Sunday	9.30am	Holy Communion
services held in Hall Chapel; Easter to Remembrance Sunday in St. Withburga's)	2nd Sunday	11.00am	Matins
All Saints, Warham; St Mary, Warham (Jul and Aug only)	3rd Sunday	9.30am	Holy Communion
All Saints, Wighton	2nd & 4th Sundays	9.30am	Holy Communion
Methodist Churches – Revd. Cliff Shanganya – 01328 862174			
Theatre Road, Wells	Sunday	11.00am	Morning worship
	Wednesday	10.30am	Prayer & praise
Holkham Longlands	4th Sunday	2.30pm	Sunday worship
Wighton	1st and 3rd Sunday	2.30pm	Worship service
Little Walsingham	Sunday	2.30pm	Sunday Worship
Evangelical Congregational Church Centre – Revd. Neil Woodruff – 07891 968966			
Clubbs Lane, Wells	Sunday	3.00pm	
	Tuesday	7.30pm	Prayer & Bible study
Roman Catholic – Father Keith Tulloch – 01328 713044			
Our Lady Star of the Sea, The Buttlands, Wells	Saturday	6.00pm	Holy Mass
	Sunday	9.15am	Holy Mass
Quakers – 01328 711387			
Friends Meeting House, Church Street, Wells	Sunday	10.30am	Meeting for worship
	Thursday	5.00pm	Meeting for worship

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County council news

By Marie Strong, Norfolk County Councillor

Useful to know that cold and flu viruses are spread in exactly the same way as the coronavirus so the same advice pertains.

● Wash your hands – Coronavirus can live for more than 24 hours indoors so you could pick up the virus by touching a contaminated object or surface. To reduce the risk of catching it or passing it on regularly wash your hands with soap and water or use hand sanitiser throughout the day.

● Cover your face – the virus can be found in tiny droplets coming out of your nose and mouth. Wearing a face covering over your nose and mouth reduces the spread of the droplets carrying the virus and makes it less likely to spread to others.

● Make space – spreading the virus through droplets is most likely to happen when you are less than two metres apart. Smaller droplets called aerosols can stay in the air for some time, especially if there is no ventilation. When you are with people not from your household it is best to keep at least two metres apart.

NCC's free hazardous waste amnesty days at our Recycling Centres

More information (including dates at various centres) is available at: **www.norfolkrecycles.com/household-hazardous-waste-day-2020** If you have other waste to dispose of it is advisable to choose other days since the hazardous waste days are already proving very busy.

The Distance Aware initiative The Distance Aware initiative has been recently endorsed by the Department of Health and Social Care. The initiative was set up to enable individuals and organisations to politely prompt ongoing distancing and respect of individual social space. Badge/poster templates are available to download from the site: **www.bevancommission.org/ distance-aware**

Coronavirus latest information The information below is intended to keep you up to date with the latest information. The most recent verified data on cases in the UK and Norfolk is available from Public Health England. PHE is addressing common questions at **https://publichealthmatters.blog.gov.uk**. Also NCC has a dedicated webpage for coronavirus updates or go to **www.norfolk.gov.uk/care-support-and-health/health-and-wellbeing/adults-health/coronavirus/community-support-for-people-at-home/help-if-you-are-self-isolating**.

New payment for people self-isolating in highest risk areas People on low incomes who need to self-isolate and are unable to work from home in areas with high incidence of Covid-19 will benefit from a new payment scheme.

Criteria and more information is available from **www.gov.uk/government/news/new-payment-for-people-self-isolating-in-highest-risk-areas**

Guidance for landlords Legislation has been introduced so that, until at least March 2021, landlords must now give tenants six months' notice before they can evict. Guidance provides advice for landlords, tenants and local authorities – go to **www.gov.uk/government/publications/covid-19-and-renting-guidance-for-landlords-tenants-and-local-authorities**

Shielding guidance published for young people Public Health England has updated guidance written for young people on shielding and protecting people most likely to become unwell if they catch coronavirus. Go to **www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/covid-19-guidance-for-young-people-on-shielding-and-protecting-people-most-likely-to-become-unwell-if-they-catch-coronavirus**

The guidance provides information on how shielding advice has changed, the definition of clinically extremely vulnerable people and the clinical risk to children and young people.

Kickstart Scheme The government has introduced a new Kickstart Scheme in Great Britain, a £2 billion fund to create hundreds of thousands of high quality six-month work placements aimed at those aged 16 to 24 who are on Universal Credit and are deemed to be at risk of long term unemployment. Additional guidance and promotional materials can be found at: **www.gov.uk/government/collections/kickstart-scheme?utm_source=9110972d-4588-4bc2-a272-6bb7da082115&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate**

Continued on page 21

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Wells town council – October meeting

I'm afraid that trying to attend a council meeting on Zoom just didn't work for me this month. Town clerk Greg Hewitt had worked hard to set up the Kiln Room at the Maltings and most councillors attended and were able to social distance. The few who didn't want to attend in person had the option of Zoom, but despite Greg's valiant efforts, without the benefit of a conference microphone, hearing what was being discussed if you were not physically in the room was very hard. I lasted for about 10 minutes and then gave up.

However, a quick rundown... the property at 34 Freeman Street which was seemingly demolished and has been rebuilt without planning permission was discussed. Cllr Ray Hewitt, a builder by trade, was very concerned that the new building that has been erected should have been built with regard to new building regulations, which has, apparently, not been the case. The planners are now involved, but Wells has lost an original building in a conservation area and gained a new one which may be outside regulations.

It was agreed to start to put money aside for the long term maintenance and improvement of Market Lane cemetery. The tarmac on the paths is beginning to de-laminate and needs attention. It won't be a quick job or a cheap one to repair, so money needs to be saved to do the work over the coming years.

The Neighbourhood Plan Steering Group asked the council to set aside £10,000 in next year's budget to pay for the services of an administrative assistant to help with taking the Plan forward – applying for grants, collating evidence, writing the plan and preparing supporting documentation for submission to NNDC. The council agreed to the proposal.

Cllr Mel Catton wants to revisit the idea of part-financing a traffic warden in the town. This will be discussed by the Traffic Management group when it next meets. **SP/GH**

Next meeting Monday 2 November, 7pm. To contact Wells town council go to wellstc.norfolkparishes.gov.uk or phone 01328 710564 or email clerk@wellstowncouncil.org.uk

Continued from page 19

Coronavirus Job Retention Scheme Guidance has been updated to reflect changes to the scheme. The scheme ends on 31 October. Find out more from **https://www.gov.uk/government/collections/coronavirus-job-retention-scheme**

Wellbeing Encouraging people to tackle negative thoughts that can lead to more serious mental health issues down the line is important. Using the Five Ways to Wellbeing or making a 'mind plan' can help people take constructive steps towards getting better: **www.norfolk.gov.uk/wellbeing**

CONTACT Marie Strong by e-mail on marie.strong@norfolk.gov.uk or phone 07920 286597

Wells rainfall roundup for September

By Keith Leesmith

Last month was very dry up until Wednesday 23 September, but then it got very wet, and ended up the second wettest month of the year, after February. It's the way it happens sometimes! I recorded 93mm of rainfall against an average of 58mm but that might not have been enough. The problem was that I had booked a five-day break on the Isle of Wight where it was wet and windy, but nowhere near as wet and windy as Norfolk, particularly North Norfolk. So there was no-one home to keep an eye on my rain gauge!

I use a standard Met Office pattern rain gauge. This is a copper vessel five inches in diameter with a funnel at the top which feeds into a plastic measuring tube of one inch diameter. This means that when you read the scale on the plastic tube it is calibrated to be five times larger than actual – and hence easier to read small amounts. That's fine when we are getting small amounts of rain, but the tube only holds 30mm and anything more than that overflows into the copper "outer". You then have to try to suck up the surplus so that you can measure it! It isn't easy, and I may not have measured as much rain as we received over the last weekend in the month. If there is anyone out there who has a more accurate record I would be glad to hear of it!

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Tax efficient investing

By Peter Barton, Continuum

Investing can be challenging, with worries about risk and stock market volatility. The last thing you need is the taxman helping himself to a share of the money you make but, unfortunately, that is exactly what happens. The good news is that there are ways to limit the amount he can take.

Investments are taxed in various ways. You may pay stamp duty when you purchase a share and income tax on any dividends received, plus capital gains tax (CGT) on any profit made when you sell them. If you hold shares when you die, they could be part of your estate, which could mean paying inheritance tax on them.

However, although it needs our tax revenue, the government also needs us to invest, to reduce the burden on the state in our retirement. It provides several tax incentives and schemes that you can use to reduce the tax payable on your investments.

If you keep shares in an Individual Savings Account (or ISA) then they should be protected from any income tax on dividends and CGT on any profits you make. The annual ISA allowance, meaning the amount of cash you can put in, is £20,000 for the current tax year of 2020/2021. Both you and your spouse can take out separate ISAs, and if you have children, they will have an allowance too. A Junior ISA allows you to save up to £9,000 into a tax-free account on behalf of each of your children, who can access the money when they reach the age of 18. They will also have an adult ISA allowance from the age of 16 in addition to their existing Junior ISA, although Stocks and Shares ISAs can only be held by someone aged 18 or over.

Pensions are long term investments which provide tax relief on the contributions you make, and thanks to their special status, can be very rewarding. Most pensions invest for you, and give you very little choice of how your money is used, but it is possible to arrange Self Invested Personal Pensions, or SIPPs, where you can have much more freedom when investing.

Whether an ISA or a pension is the best investment shelter is subject to much debate and will depend on your personal circumstances. You can usually put more into a pension, and you get tax relief upfront on any contributions you make. But there are restrictions on when you can withdraw the money, unlike ISAs which are generally considered to be more flexible.

Anything to do with tax can become complicated so it's important to get expert advice to make the most of your pension, ISA allowance and other concessions.

The information contained in this article is based on the opinion of Continuum and does not constitute financial advice or a recommendation to suitable investment strategy. You should seek independent financial advice before embarking on any course of action. The value of investments can fall as well as rise and you may get back less than you invested.

Peter Barton is an Independent Financial Adviser at Continuum. Tel: **01603 879875** or **07787 561087**. Email: **peter@mycontinuum.co.uk** Website: **www.mycontinuum.co.uk**

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Wells flood warden team news

By Mike and Marie Strong, joint coordinators

On the day of the highest predicted tide of the year (3.60m AODN on Sunday 20 September) Wells was still enjoying the last few days of summer weather. Had that very high tide been a week later (27 September) it would have coincided with the fearsome north winds that caused roof-tiles to fly and trees to fall. In conjunction with the high winds, as is common, the barometric pressure dropped, allowing the sea water level to rise. The drop in pressure, down to 993 millibars, was not as severe as we have previously experienced – we have had it down in the low 970s. However, even if it had been in the lower range it would still have required a powerful wind to cause the town any problem with, say, a surge of water over two and a half metres high. Fortunately, as we were in a period of neap tides, it meant the water levels were low. We are ever hopeful that the elements which together cause us concern will continue to avoid each other!

However we also need to be prepared should a severe flood warning from the Environment Agency be issued, and with that in mind our flood warden team would welcome knowing there are more members to help in our control room, assisting with the computer input of details brought in by wardens from their sectors. If you have clerical experience and would be willing to assist please contact us on **01328 710743**.

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News from Wells RNLI

Rescues Since the beginning of September the Wells lifeboats have been called out six times and have assisted thirteen people. The following is a summary of those services:-

• Sunday 6 September, 6.11am – all-weather lifeboat (ALB) launched to render assistance to a 26' yacht with a crew of two. The yacht had run aground during the night in the entrance to Blakeney Harbour and had sustained considerable rudder damage, jammed hard over to starboard. Yacht and crew were towed to Wells Harbour.

• Sunday 13 September, 5.45pm – ALB launched to assist a ten-metre fishing boat with one crew. The boat had suffered main engine failure. A lifeboat crew member went on board, cleared the boat's anchor of fishing gear and the vessel was towed back to safe anchorage close to the harbour entrance to await the early morning flood tide when there would be sufficient water to bring the vessel into port.

• Tuesday 15 September, 4.55pm – Wells Inshore lifeboat (ILB) launched to assist two persons cut off by the tide on Stiffkey marshes. The ILB crew had to wade through shallow water to rescue the fishermen. One of the casualties had aggravated a previous leg injury and it was decided to put the two persons on board and return to Wells. The rescued persons had left their car at Stiffkey and no taxis were available to return them to their car. Thanks to the support of a former member of the lifeboat crew, the rescued persons were finally driven back to their car.

• Thursday 17 September, 6.50pm – Wells ILB was on exercise and diverted to three persons who had gone into the marshes to fish but were cut off by the incoming tide in the Stiffkey marshes. The ILB crew confirmed that the casualties were all well and transferred them to the safety of the shore where they were met by the coastguard team.

• Wednesday 23 September, 8.27pm – Wells ALB launched to render assistance to a fishing vessel with three crew members on board, which had suffered main engine failure whilst fishing some 20 nautical miles from Wells. The lifeboat sighted the casualty at 9.32pm. The crew of the fishing vessel had managed to carry out a temporary repair to the damaged engine and had started making way again under their own power.

Given the circumstances, it was decided it would be prudent for the lifeboat to remain with the fishing vessel and escort her back to the safety of Wells harbour. Both vessels were secured before midnight.

• Thursday 24 September, 2.30pm – the ILB launched to rescue two people who were in the water after their inflatable dinghy capsized in the approaches to Blakeney Harbour whilst fishing. The inshore lifeboat spotted the two people at 2.46 pm. They had managed to scramble onboard the upturned hull of their dinghy, which by this time was already three quarters of a mile offshore on the outgoing tide and offshore wind, and in danger of being swept out to sea. The lifeboat crew was on scene within twenty minutes and confirmed that both casualties, apart from being exhausted, wet and very cold from being in the sea, did not require immediate medical assistance. The lifeboat crew took the two casualties onboard and then rigged up a tow to the dinghy. At 3.05pm the lifeboat and its tow were inside the harbour and proceeded towards Morston creek. The lifeboat landed the two people into the care of the local coastguard team and made sure the dinghy was safely on the shore. Chris Hardy, Wells Lifeboat Operations Manager, said: 'Our volunteer crew quickly located the casualties and rescued them from the upturned hull of their dinghy. Thankfully, they were unharmed, and we were pleased to be able to bring them back to safety. We'd always advise people to take with them a means of calling for help when they're out on the water and always wear a lifejacket.'

The Boathouse Build Full details of the build, which started in September, can be found on the Wells Lifeboat website at **www.wells.lifeboat.org**

Wells RNLI Social and Fund-raising Event Due to the current Coronavirus situation, there are no public events planned to support the Wells RNLI station.

RNLI Online Shop While the boathouse has restricted access, it is not possible to open our RNLI shop. However, the RNLI online shop is always open at **shop.rnli.org**. Christmas cards are now available using this link.

Donations Any donations to the RNLI are always appreciated.

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Mailbag

Please address your news, views and comments to The Quay, 2d Maryland, Wells next the Sea, NR23 1LY. Please note that the views expressed in the letters we print are the views of the letters' authors and NOT the views of the editor or the board of Quay Publishing Ltd.

May I, on behalf of my family, say a very big thank you to everybody who sent cards, flowers and messages of sympathy on Brian's passing away. He would have been overwhelmed with the kindness and offers of help and by the many who watched the funeral service on line.

Wells is a town that cares and helps each other in times of trouble – may it long remain so.

Thank you all once again.

Madge Barker and family.

I hope that by the time this is printed in *The Quay*, I will be back in my house – Westgate Tollbar. I really don't know how to thank the residents of Wells who have been so very kind to me after the car crashed into my front room. It has been my friends' encouragement and love that has kept me sane and determined not to be beaten. My most sincere thanks to you all.

Penny Abel (and Flossy), Wells

I would like to give a big thank you to St Nicholas church for their fund raising songs of praise service in aid of our fire station. A fantastic service was held with a lovely fish and chip supper, supplied by French's, to raise money for the firefighter charity. The charity gives support to injured firefighters, bereaved families or simply offers a place for relaxation. The church raised £400 which was a great achievement. It made me feel privileged and very proud to be a part of this great town.

I have been a part of the station for the last 36 years with the last 18 years holding the position of watch manager leading a great team. This will stand out for years to come as one of the best occasions I have attended. Many thanks again to the church and all who helped make this a memorable occasion .

Doug Kelly, Watch Manager, Wells fire station

Volunteer drivers needed for Heritage House

By Steve Cheshire, general manager

At Heritage House, we have reopened our day service and are operating under very different procedures. Covid security is high, the building is freshly decorated and some refurbishment has ensured that we are equipped to be able to sanitise and process everything that is touched.

We are, though, short of volunteers – many of our pre-Covid volunteers are over 70. For some, ensuring that they protect their family is their first priority, which of course is as it should be, and for some the passing of time means that their driving licence no longer allows them to drive our minibuses.

As such may I make a plea? We need more volunteers who can go out and collect the elderly and isolated of the area.

Independence Matters, which operated out of Cranmer House and Crossroads day centres, is not reopening, which means that there are people who no longer have access to a day service, and one of the key issues that Social Services is highlighting is that they do not have access to transport since all minibuses are restricted (including ours) to the numbers of people that they can carry.

We are managing to run transport for those currently on our books, but as we begin to pick up additional people from the villages around us, we need to put more vehicles on the road, so can you help us, please? Drivers have been covering lunches too and could do with a break if we want this vital service to continue.

We provide training, buses go out with a driver and an assistant, so there is always someone on hand. We can provide all PPE and the minibuses are equipped with sanitiser and they are sanitised inside daily. Minibus drivers need to have a D1 classification on their licence.

Lunchtime drivers are provided with all the equipment needed to take out meals.

Our volunteers are our lifeline, we can only operate with their help and looking towards a second wave, we need your help to find more of them. Contact me on **01328 711333** or email **steve.cheshire@heritagehousecare.org.uk**

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Back in Wells in our new office

By Miranda Marshall, Hayes + Storr

Hayes + Storr, the north Norfolk firm of solicitors, is back in Wells. As part of our commitment to our local clients, our legal services are again available in Wells at The Sackhouse, behind the Wells Maltings in Stathe Street. There is disabled-friendly access and car parking.

We will be delighted to welcome back our clients with face-to-face meetings, with appropriate social-distancing, in these new modern premises. Even though our former premises on The Buttlands closed when Boris Johnson ordered lockdown back in late March, we have continued to work throughout the time of Covid-19.

Personally, as an 'IT immigrant', I can say that it has been a crash-course in office technology and modern working methods. I don't think that I have ever worked harder or been busier. As a firm, we have invested a six-figure sum in new technology to ensure that we can all work remotely from home and in a more agile manner from our five main offices.

We are delighted to announce the launch of two weekly legal surgeries at The Sackhouse. Our lawyers are able to see clients between 9am and 1pm on Tuesdays and Fridays regarding any individual, family, property or business legal matter. We will continue to offer home visits to our clients who need or prefer them.

The new surgery will be staffed, primarily, by two fully-qualified lawyers on a regular basis. Stephanie Connor (a solicitor who handles all property matters, and knows the area well) will be there on Tuesdays. Laura Weston (a local solicitor who specialises in elderly client matters as well as Wills and probate) will attend on Fridays. They are both Wells residents. Laura has been with Hayes + Storr for 21 years and Stephanie for ten years. John Newham, an experienced Wills and probate solicitor, will use the new office to see his clients too. They will be the same familiar faces who have looked after the people of Wells and the surrounding area for the past decade and more.

Other specialist lawyers will be available for consultation in a wide range of other fields: family and matrimonial, employment, dispute resolution, company and commercial.

To ensure Covid-19 security, we are asking our clients (and would-be clients) to book an appointment to see us on **01328 710210** or email **law@hayes-storr.com**

We look forward to our continued work in Wells and the surrounding area. It's great to be back!

CONTACT Hayes + Storr, The Sackhouse, Wells
- **Tel** 01328 710210
- **Email** law@hayes-storr.com
- **Website** www.hayesandstorr.co.uk

Wighton news

Good news, our church clock is working again. Twenty years after it was installed by the village to mark the millennium, the mechanism ground to a halt, but it is now revitalised. Thanks go to churchwarden Alan Groom for arranging the repair and to the Wighton Parish Council for its financial support. In these uncertain times, the reassuring role of a church clock in a village is famously summarised by the last lines of Rupert Brooke's poem *The Old Vicarage, Granchester*. 'Stands the church clock at ten to three? And is there honey still for tea?' So, as the days draw in, at least Wighton residents will know when it's time to put the kettle on.

This month, it's time to renew Wighton's 100 Club numbers for 2021. These cost £12 each for the year and proceeds are used to maintain the village playground and field. Grass cutting, equipment inspection and insurance costs add up so these funds offer a vital way of making sure the village is able to provide a welcoming recreation area for residents and visitors. It's fun too – every month three numbers are pulled out of the hat and all participants stand to win £25, £15 or £10 (double draw in December, no draw in August). If you are a holiday cottage owner, this is a particularly efficient and easy way to contribute towards the maintenance of this important village facility. For more information or to buy numbers, please contact Sue Harrison on **01328 820388** or Sophie Trend on **01328 820183**.

September prize winners are Patrick Charlton,

Continued on page 33

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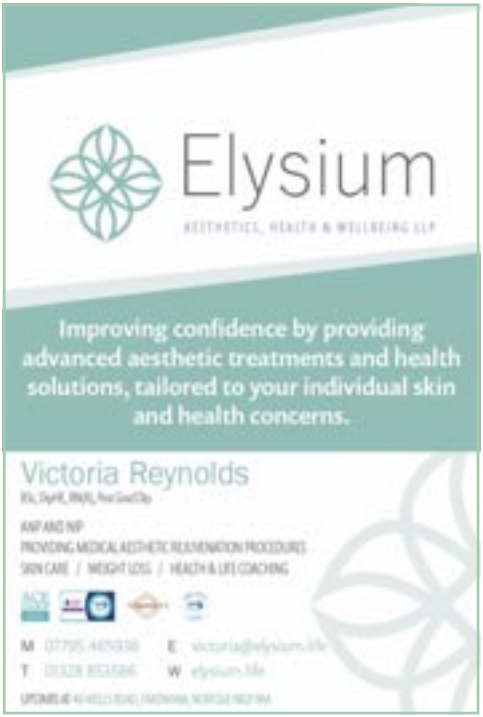
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Wells Community Hospital news

By Sarah Peberday, general manager

It's going to be a worrying time for many and it's very difficult to predict what the future holds.

One thing that can be predicted is that the months and seasons will continue to change. It is helpful to keep in focus what can be controlled and try to be mindful that there are many things we can not. Let us continue to support our friends, family and neighbours which has been our focus at Wells Community Hospital. We are, of course, missing seeing lots of our usual friends, volunteers and supporters, but we would like to let you know our team and services are always here for you.

September was a very busy time for us at the hospital. During this month we said thank you and farewell to our general manager, Samantha Taylor, who worked tirelessly for the Trust. My name is Sarah Peberday and I am the new general manager. I live on the north Norfolk coast with my family, I am passionate about improving what we already offer here at the hospital but also working with the fantastic groups, services and other charities locally to support those in need. I hope to meet many of you soon, please send me an email – **general.manager@wellshospital.co.uk** or give me a call.

Wells Community Hospital Trust is not part of the NHS, so we are unable to make clinical decisions regarding the services we offer here, but we are committed to seeking where we can help and continue to work with our NHS colleagues to do so.

In early September the Hospital Trust hosted a stakeholder event – Being Ambitious Together – which was an opportunity to hear some of the great work that was already happening in our local communities and how we could work across health, social care, local businesses and charities to support wellness and provide support at Wells Hospital. I would like to thank all the 50+ attendees (via *Zoom*) for their input and I can confirm that the Trust has some specific actions and focus that we will be working on initially, with other ideas to explore at a later date. I am very excited about our future and wider relationships.

In other very positive news for the Trust, we are very pleased to confirm that Lord-Lieutenant of Norfolk The Lady Dannatt MBE, has agreed to be our Patron. Lady Dannatt is an active supporter and patron of many charities across Norfolk, with a one of her areas of focus being mental health fitness. We are very grateful for her support.

Thanks again to all our supporters, large and small, because without you we wouldn't be able to continue especially at this time. Have a lovely month, stay safe and we hope to see you soon.

What's on...

New – Pilates with Heather on Tuesdays, Wednesdays and Fridays.

We also offer

- Counselling with Hazel Ratcliffe – Mondays
- The Nurture Project – Tuesdays
- Wells Central Support Hub – Monday to Friday
- Norfolk Hearing Care – Wednesdays
- Point'z of Interest Therapiez – Thursdays and Fridays
- The Quays Orthotics – Wednesdays

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CONTACT Wells Community Hospital Trust
Mill Road, Wells next the Sea
Norfolk NR23 1RF
- 01328 711996
- admin@wellshospital.co.uk
- www.wellshospital.org.uk

Continued from page 29

George Brett Reynolds and Noah Forbes. Congratulations to this lucky bunch and thanks to all 100 Club number holders for your continued and much-appreciated support.

On the subject of the playing field, it's great to see families, footballers and strollers enjoying the space, but please remember that dogs aren't permitted in the area and to take your litter home. If you see any damage to the fencing or equipment, please let the trustees know. Contact details are pinned up on the notice board by the entrance to the field.

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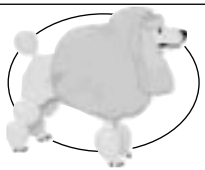

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The Quay Diary

Diary entries for the next issue of The Quay should be received by 26 October. Contact Editor Sara Phillips on 01328 711717 or e-mail editorial@quaypublishing.co.uk

Please let me know times, dates etc of events that are going ahead so that I can update the Diary. Thank you.

OCTOBER

Date	Group	Time	Place	Event
24	Wells Maltings	1.00pm & 7.00pm	Wells Maltings	Summerland (12A)
26	Screen-next-the-Sea	7.00pm	Wells Maltings	Honeyland (12A)
28	fEAST	from 10.30am	Wells Maltings	Children's activities
28	Wells Maltings	2.00pm	Wells Maltings	100% Wolf (U)
30	fEAST Theatre	6.00pm	Wells Maltings	Signal Fires
30	Wells Maltings	7.30pm	Wells Maltings	Jojo Rabbit (12A)
31	Wells Maltings	4.00pm	Wells Maltings	Onward (U)
31	Wells Maltings	7.00pm	Wells Maltings	Halloween (2018) (18)

NOVEMBER

Date	Group	Time	Place	Event
5	NT Live	6.45pm	Wells Maltings	Coriolanus, starring Tom Hiddleston
6	Wells Maltings	7.00pm	Wells Maltings	Radioactive(12)
7	Wells Maltings	4.00pm	Wells Maltings	Radioactive(12)
8	North Norfolk Music Festival	3.00pm	Wells Maltings	Roman Kosyakov, pianist
9	Screen-next-the-Sea	7.00pm	Wells Maltings	The Assistant (15)
11	Nigel Price Trio	7.30pm	Wells Maltings	Jazz Monthly
13	Wells Maltings	7.00pm	Wells Maltings	Bill and Ted Face the Music (PG)
14	Wells Maltings	3.00pm & 7.00pm	Wells Maltings	Tenet (PG)
15	Bolshoi Ballet	3.00pm	Wells Maltings	The Lady of the Camellias
19	Saltmarsh Talks	7.00pm	Wells Maltings	Whin Hill Cider – Cyder Without Rosie
20	Wells Maltings	7.00pm	Wells Maltings	White Riot (15)
22	North Norfolk Music Festival	3.00pm	Wells Maltings	Echéa Quartet
23	Screen-next-the-Sea	7.00pm	Wells Maltings	Misbehaviour (12A)

DECEMBER

Date	Group	Time	Place	Event
6	North Norfolk Music Festival	3.00pm	Wells Maltings	Mithras Trio
10	Saltmarsh Talks	7.00pm	Wells Maltings	The Game's Up – with Kevin Thatcher and others
14	Screen-next-the-Sea	7.00pm	Wells Maltings	My Rembrandt (12A)
21	Screen-next-the-Sea	7.00pm	Wells Maltings	A Beautiful Day in the Neighborhood (12A)

Cooking with Carla Phillips

Chicken Soup, old style – Jewish penicillin

This simple, easily made soup is served with fluffy dumplings ('kneidlach'), included in this recipe.

Ingredients For the soup: 1 or 2 raw chicken carcasses; extra chicken wings or chicken feet, if available; 2 onions; 2 carrots; 3 sticks of celery; parsley stalks; a handful of dill; optional – a small turnip

Method Roast the chicken and bits briefly – 10 minutes in a hot oven; then combine them in a large saucepan with the onion. Add 2 litres of water and bring to the boil on top of the stove. Simmer for an 1½ hours, then add 2 teaspoons of salt, the vegetables and cook for an hour longer. Then strain the soup.

For the dumplings 75g of pulverised matzos (matzo meal); 2 eggs, separated; salt and pepper.

Method Beat the egg whites until stiff, then fold in the lightly beaten yolks, then the matzo meal and salt. Cover the bowl and chill for 30 minutes. Bring a pan of water to the boil. Form the batter into smallish balls and drop them into the boiling water. Simmer them for 20 minutes. If you cook them in the soup they will soak up so much liquid that you won't have enough soup to go round.

Just before serving, bring both pots to the boil, then slide the dumplings into the hot soup. Garnish with a little chopped parsley.

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